



NEWCOMER'S ORIENTATION

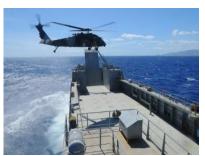
Fort Eustis, VA

Welcome to Joint Base Langley-Eustis











Replacement
Replacement









Fort Eustis Brief History



1918 Originally called Mulberry Island on the James River. Founded as Camp Eustis, March 1918, established as an Upper Firing Range for Artillery Training

1923 became Fort Eustis with Infantry & Artillery units assigned

1931 became a Federal Prison (Primarily for Prohibition violators)

1932-35 used as a Work Projects Administration (WPA) Camp during the Great Depression

1940 prior to and leading up to WWII re-designated as a Coast Artillery Training Site

1946 became Home of US Army Transportation Corps

1956 became home of US Army Helicopter Maintenance Training



<u>2005 BRAC Decision to Close Fort Monroe and Move TRADOC HQ to Fort Eustis. Relocate Transportation School to Fort Gregg-Adams</u>

2008 Transportation School move to Fort Gregg-Adams

2010 Fort Eustis officially became a Joint Base with Langley Air Force Base becoming JBLE

2012 TRADOC Headquarters moved to Fort Eustis

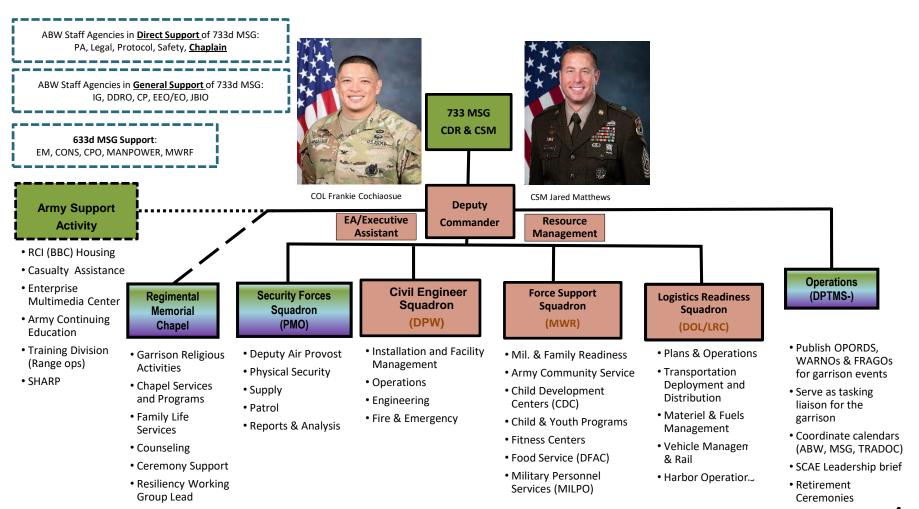
733d Mission Support Group (MSG)

MISSION:

The 733d Mission Support Group provides effective installation services & support providing security, logistics readiness, facility management, emergency services, health and fitness in support of Fort Eustis Mission Partners, Service Members, Families, DoD Civilians, and Retirees.

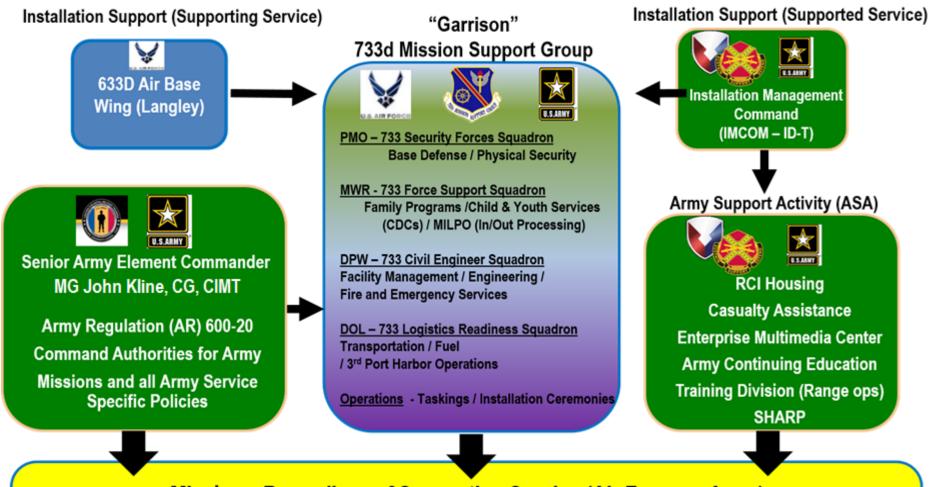
Who We Are:

The 733d Mission Support Group is a Joint Integrated Army and Air Force Command (Army CSL COL and CSL CSM); CDR/CC on Air Force G-Series Orders; comprised of 4 Air Force Squadrons (SFS, CES, FSS, LRS); SFS Commanded by an Army LTC and all other Squadrons led by Civilian Directors.



a/o 18 Jul 22

A Joint Base....What does that mean?



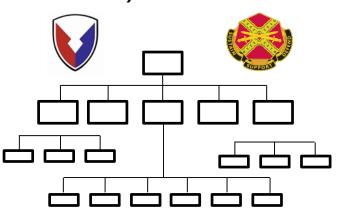
Mission: Regardless of Supporting Service (Air Force or Army)

Provide transparent and effective installation services & support providing security, logistics readiness, facility management, emergency services, health and fitness in support of Fort Eustis Mission Partners, Service Members, Families, DoD Civilians, and Retirees.

a/o 1 Dec 2021

Garrison to Joint Basing "Functional Transitions"

U.S. Army Garrison Fort Eustis



Directorate of Human Resources

Directorate of Logistics

Directorate of Morale, Welfare, and Recreation

Directorate of Plans, Analysis and Integration Office

Directorate of Plans, Training, Mobilization and

Security

Directorate of Public Works

Chaplain

Equal Employment Opportunity

Fire & Emergency Services

Internal Review

Office of the Staff Judge Advocate

Provost Marshal

Public Affairs

Resource Management

Safety

Substance Abuse





633d Air Base Wing



633d Medical Group



633d Mission Support Group



733d Mission Support Group



Army Support Activity





406 AFSB



Felker Army Air Field

Command Post Legal (Installation)

EEO/EO Safety

Public Affairs Substance Abuse

Chaplain Information Protection

Contracting Protocol

IG Resource Management

Family Advocacy Program

Emergency Management Records Management (USAF)

Civilian Personnel (USAF)

Communications (Giant Voice / LMRs)

Security Forces Squadron (PMO)

- Anti-Terrorism/Force Protection

Civil Engineer Squadron (DPW)

- Fire & Emergency Services

Force Support Squadron (MWR)

- Military Personnel, ACS, Food Services, CDC/CYS

Logistics Readiness Squadron (DOL/LRC)

<u>Installation Support (Did not transfer):</u>

Privatized Family Housing (Balfour Beatty-BBC)

Casualty/Mortuary Affairs

Education Center

Range Operations

Multimedia Visual Information

Records FOIA/Privacy Act

Logistics Readiness Center:

Tactical Equipment Maintenance
Ammo Supply Point

A "Joint Base"

Land FORT EUSTIS

7.870 Total Acres

• 5,790 Acres – Training Complex

Roads (paved and unpaved)

56.1 Miles

Parking Lots

14M Sq Ft

Airfield Pavements

4.7M Sa Ft

Railroads

24.9 Miles

Utilities (privatized)

186.4 Total Miles

Electric 72.7 MilesGas 30.3 Miles

• Water 53.4 Miles

• Sewer 30.0 Miles

Family Housing Units (Privatized)

881 Total Units

Barracks Capacity

• Total Beds 3,883 Beds

• PP & Trainee 3,314 Beds

Buildings

428 Total Buildings

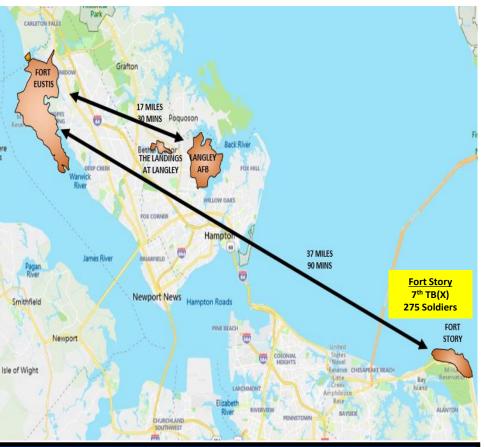
6.6M Sq Ft

Supported Population

Military -

Active Duty 4,882
Students 1,152
Guard & Reserve 368
DoD Civilians 2,629
Family Member 10,911

Total 19,942



Community Partners

Newport News, Hampton, York County, Poquoson, Williamsburg, and James
City County Public School Districts
Virginia Military Advisory Council, Virginia Peninsula Chamber of Commerce,
Eustis Civic Leaders Association (ECLA),
Greater Williamsburg Chamber and Tourism Alliance

LANGLEY AFB

3,647 Acres

Main Base: 2,807 Acres

Reservoir/FAMCAMP: 477 Acres

Roads (paved and unpaved)

48 Miles

Parking Lots

8.5M Sq Ft

Airfield Pavements

10.4M Sq Ft

Utilities

325 Miles/57 miles (privatized)

•Electric

•Gas

Water and sewer

Family Housing Units (Privatized)

Available - 1,148

End State – 1,430

Dorm Capacity

Total 1,086 Buildings

5.6M Sq Ft

Supported Population

Military-

 Active Duty
 7,495

 Res Comp
 135

 Air National Guard
 812

 DoD Civilians
 2,809

 Family Members
 8,492

 Total.......
 19,743

"Joint" v. "Joined" – No shared boundary – Distinct Service Missions

Major Mission Partners (Units)

HQ Training and Doctrine Command *** Futures and Concepts Center *** Initial Military Training *** Joint Task Force-Civil Support *** IMCOM Directorate Training 733d Mission Support Group *** 7th Transportation Brigade *** 597th Transportation Brigade *** 93d Signal Brigade W 128th Aviation Brigade W US Army Training Support Center *** Technology Development Directorate-A/SID Joint Deployment Training Center *** Dental Activity Fort Eustis McDonald Army Health Center 🚜 James River Reserve Fleet 🏤

Unique Capabilities



<u>Home of Training & Doctrine Command (TRADOC) HQs</u> which educates and trains Soldiers across 15 Installations

128th Aviation Advanced Individual Training

3RD Port – The Army's Navy

- 7th Transportation BDE (Expeditionary)
- 24/7 Port Operations
- Supports 67 Army Vessels (Operational and Training)
- Joint Users; Army, Navy, Coast Guard, Air Force, and Marines

Felker Army AirField

- Full service, instrumented, DoD rotary-wing and fixed-wing airfield
- Supports tenant RDT&E/training and all Joint Svcs rotary-wing mission/qual training
- 140K+ air movements in 2019

Rail Operations

- DoD logistics and training support
- 3 Diesel Locomotives
- 21 Miles of RR Tracks
- Supports deployment and unit mobilization, strategic operations, and unit Training

Joint Mission Contingencies:

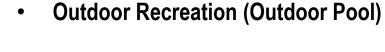
- US Coast Guard Reserve Center
- Joint Task Force Civil Support (CBRNE)
- James River Reserve Fleet

Things to Do on Fort Eustis





- Aquatics Center (Venture Pool)
- Fitness Trails





- Bowling Alley
- Youth Programs



- Go-Kart Track/Mini-Golf
- Music Under the Stars (TRADOC Band)
- Army Wellness Center





U.S. Army Transportation Museum

Operating Hours: 0900 – 1630, Monday – Saturday
Closed Sundays and all Federal Holidays

• All displays are open and we ask that all visitors wear masks and conform to social distancing guidelines.

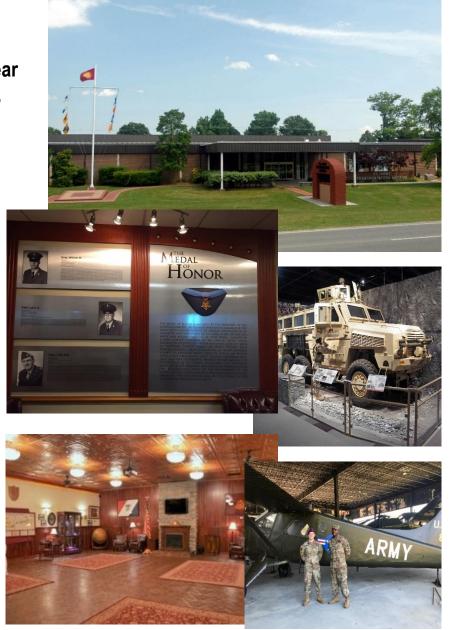
The story of the Army's Transportation Corps, from horse-drawn wagons of the Revolutionary War to armored vehicles being used today, is told through exhibits, models and dioramas.

The museum's artifact collection numbers just under 7,000 objects, plus another 1,000 exhibit props. The collection includes nearly 100 macro artifacts ranging from planes, helicopters, tugboats, landing craft to trucks, jeeps, hovercraft, experimental vehicles and trains.

Guided tours and programs are available for both military personnel and civilians.

The museum also includes the Delavan C. Clos Auditorium which can be booked free of charge for events. Exhibit spaces and the outdoor areas are also available to be scheduled.

If you have any questions, or wish to make a reservation, please contact the museum director at:



757-878-1115

Programs and Community Engagements









- Army Family Action Plan Community Forum
- Fort Eustis BOSS Program
- Fort Eustis Sergeants Major Association
- Fort Eustis Diamond Council
- Sergeant Audie Murphy Club
- Achievable Dream Academy
- Adopt a School
- VCU Project Search
- Community Events Council
- Tribal Consultation Collaboration



Installation Services











DOORDASH

































Educational Opportunities



- Fort Eustis Education Office Bldg 1500
- Tidewater Community College
- Thomas Nelson Community College
- Christopher Newport University
- Hampton University
- The College of William and Mary
- Old Dominion University
- Norfolk State University
- Regents University
- East Coast Polytechnic Institute
- National University
- Troy University

Nearby Attractions and Places to Go

- U.S. Army Transportation Museum
- Virginia Beach, Twenty-nine miles of Atlantic Oceanfront
- Cape Henry Lighthouses the oldest was built in 1792
- Virginia Aquarium & Marine Science Center
- First Landing State Park English first landed before Jamestown
- The Mariners' Museum and Park, Newport News
- Virginia Living Museum, Newport News
- Fort Monroe, "Freedom's Fort" in Hampton
- Virginia Air & Space Center, Hampton
- Naval Shipyard Museum, Portsmouth
- Virginia Sports Hall of Fame & Museum, Portsmouth
- Children's Museum of Virginia, Portsmouth
- Colonial National Historical Park, James City County
- Historic Jamestown, Jamestown
- American Revolution Museum in Yorktown
- Busch Gardens and Water Country USA, Williamsburg
- Nauticus & the Hampton Roads Naval Museum, Norfolk
- Colonial Williamsburg, the nation's largest living history museum
- Kingsmill Resort & Spa, Williamsburg
- **Kings Dominion**, near Richmond

Off Limits Establishments

- The safety and security of all service members is a priority. The Joint Armed Forces Disciplinary Control Board (AFDCB) is an investigative committee composed of members from each military service in the Hampton Roads area, as well and civilian advisers, who work with local law enforcement agencies and local businesses to identify conditions which may adversely affect the health, safety, welfare, and discipline of the armed forces. The Board meets quarterly to assess on-going threats to military readiness, or good order and discipline. Military members are prohibited from entering the premises of, and conducting business with off limits establishments.
- The AFDCB of Southeastern Virginia has designated the following establishments as off-limits:
 - The Vault Vape and Hookah Shop, 15435-B Warwick Blvd, Newport News, VA
 - The Vault, FKA Unwind, 731 J. Clyde Morris Blvd, Ste. B, Newport News, VA
 - The Vault Vape and Hookah Shop, FKA, Unwind, 839 W. 21st Street, Norfolk, VA
 - Mellow Smoke Tobacco Shop, 1948 Diamond Springs Road, Virginia Beach, VA
 - Outer Edge Gifts, 760-B J. Clyde Morris Blvd, Newport News, VA
 - 7 City's Custom & Design AKA Envy Car Audio & Design AKA Unique Auto Design, 106, 37th Street, Norfolk, VA or 117 E. Princess Anne Rd, Virginia Beach, VA
 - Autoworks, 6100 Tidewater Drive, Norfolk, VA
 - D Motors, 881 E. Little Creek Road, Norfolk, VA
 - Best Price Auto Sales, AKA US Auto Excellence, 3336 Holland Road, Virginia Beach, VA Prime Auto, AKA Skyline Auto, 4114 E. Indian River Road, Chesapeake, VA
 - Tyku Bar, 1910 Atlantic Avenue, Virginia Beach, VA





On Post Family Housing Contact Information:

Army Support Activity (ASA)
Government Housing
705 Madison Avenue, Suite 240
757-878-6088

Balfour Beatty Communities Fort Eustis 757-369-8335

https://www.foreustisfamilyhomes.com/

Fort Story 757-962-3511

https://www.fortstoryfamilyhomes.com/

U.S.ARMY

DISPUTE RESOLUTION

ALL RESIDENT SUGGESTIONS, CONCERNS, AND COMPLAINTS
ARE IMPORTANT. IF YOU ARE NOT SATISFIED WITH ANY
SERVICES PROVIDED, PLEASE FOLLOW THE ISSUE
RESOLUTION PROCESS PROVIDED.

STEP 1

INCOMPLETE OR NOT SATISFIED WITH SERVICE?

FORT EUSTIS FAMILY HOMES (Balfour Beatty)

Contact local BBC management / maintenance team.

Community Management office: (757) 369-8335

Maintenance office: (757) 369-8344

forteustisfamilyhomes.com

STEP 2

STILL NOT SATISFIED /
NOT RESOLVED BY
LOCAL
MANAGEMENT?

Escalate the issue to the BBC corporate management team.

Balfour Beatty Corporate Management

BB CARES HELPLINE:

(877) 253-6988

BBCARES@BBCGRP.COM

STEP 3

ISSUE UNRESOLVED...

GOVERNMENT FAMILY HOUSING OFFICE

Office Hours: Mon-Fri 0800-1700

(757) 878-6088

(757) 501-8077

(757) 817-5602

(757) 817-5685

usarmy.jble.asa.mbx.eustis-govt-housing@mail.mil

GOVERNMENT FAMILY HOUSING ICE (see QR Code)

* AFTER HOURS HOUSING HOTLINE * (757) 817-5602

STEP 4

DISSATISFIED WITH THE RESOLUTION?

- * Contact Army Support Activity Commander via Cdr's ICE Box (see QR Code)
- * Contact Service Member's Chain of Command
- * Raise issues at Quarterly Town Hall meetings

Use your smart phone to access Government Family Housing ICE or Army Support Activity Cdr's ICE by scanning these codes with the camera.

Govt Housing ICE



ASA Cdr's ICE









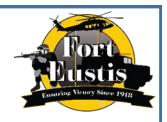
Casualty Assistance Center

705 Washington Blvd., Suite 132

POC: CAC Chief, Debra Stancil; debra.stancil.civ@army.mil or Joseph W. Anderson; joseph.w.anderson4.civ@army.mil or Antonio Rogers; antonio.d.rogers3.civ@army.mil (757) 878-1118

After duty hours (757) 846-3526 (24hrs)





DD Form 93 Record of Emergency Data (access via IPPS-A)

- Death Gratuity-\$100K; up to 10 beneficiaries; must be paid within 72 hours of a Soldier's death
- NMA- Non-medical Attendant listed in remarks section (person is authorized to move to a rehabilitation center with you at government expense to assist with healing and recovery)
- Use remarks section to document specific requests <u>i.e.</u> will location, primary language in home
- Choose your PADD wisely and ensure that individual can handle the responsibility

SGLV 8286-Servicemembers' Groups Life Insurance Election and Certificate (access via SOES)

- www.dmdc.osd.mil/milconnect/ and go to the Benefits Tab, Life Insurance SOES
- Coverage up to \$500,000—in \$50,000 increments, max monthly premium of \$31 (can be declined)
- Should be updated annually or as changes occur (marriage, divorce, adoption, birth of a child)

FSGLI-Family Servicemembers' Groups Life Insurance (access via SOES)

- up to \$100,000 for a member's spouse and is based upon the spouse's age bracket
- Auto \$10,000 for dependent children; no cost and under certain circumstances a stillborn is covered

TSGLI-Traumatic Injury Protection (enrolled via SGLI coverage) flat rate of \$1 per month (incld in SGLI)

- Must survive at least 7 days from date of injury to file a claim
- \$25,000 to \$100,000 in short-term financial support to help in your recovery from a traumatic injury

VSI/SI -Very Seriously Injured / Seriously Injured (initial injury must be reported to the CAC)

Army may bring up to 3 family members to your bedside when admitted to a medical facility

Visit www.va.gov for more benefit information.



AER MOTTO



SOLDIERS HELPING SOLDIERS

AER PROGRAMS



AER and the Army

- Army Emergency Relief is a 501c(3) organization established in 1942 by the Secretary of War and the Army Chief of Staff to relieve financial distress on Soldiers and their Families
- Authorized by AR 930-4, AER is an important part of Soldier Financial
 Readiness, which in turn is a key component of overall Army Readiness

\$2 Billion in assistance provided since 1942 with more than \$1 Billion provided since 9/11

Board of Managers

comprised of Active Duty and Retired Army Leaders to ensure Soldiers and Families always come first

Board of Advisors

led by the serving Army Chief of Staff and comprises other Senior Army Leaders (GOs and CSMs)

AER PROGRAMS



- Authorized by your Commander/1SG or the AER Officer
- No-interest loans with NO fees
- Grants (or a combination loan and grant) may be provided based on individual need/circumstances

Most Common Categories of Assistance

- Personal Vehicle Repairs
- Housing Costs (First month's rent, etc.)
- Basic Essential Furniture
- Utilities
- Child Care (Army Fee Assistance Program)

- Food
- Funeral Expenses
- Emergency Travel
- Car Seat

Full list, including unauthorized categories on website



AER PROGRAMS - SCHOLARSHIPS

- Up to 4 years full-time, or 8 years part-time enrollment in accredited college or university
- Funds may be used for tuition, fees, books, supplies, ESL and GED classes, CLEP and TOEFL tests.
- Cannot be used for 2nd undergraduate degree or master's program

Spouse Education Assistance Program

Provides need-based scholarships for Spouses of Soldiers

Applications are accepted yearround

MG James Ursano Scholarship Program

Provides need-based scholarships for Dependent Children of Soldiers

Scholarship Application Timeline:
1 January - Application is available
on the website
2 April - Deadline for Children's
Applications to be submitted online

ALL BY DONATIONS



- Ninety cents of every dollar goes straight to assistance Soldiers.
- Annual campaign is 1 March to 15 May; but you can donate at anytime.
- Most Soldiers donate by allotment but you can donate cash, or the AAFES registers.

ALL BY DONATIONS



- It isn't about how much you give, it's about how many of you give. Giving up one \$5 coffee or energy drink every month secures the funds needed to support Soldiers today and tomorrow.
- AER exists to make sure the Soldier next to you is focused on their mission, not on their financial problems.
- Most Soldiers will never need AER, but we are all responsible for the ones that do.

QUESTIONS



AER Officer

LaShun Howard 757-878-2137

Located

705 Washington Blvd

Room 240

Fort Eustis, VA 23604



Housing Services Office



733d Mission Support Group, Civil Engineer Squadron

Bldg 650 room 114 757-878-2977 / 5579

https://jble-eustismwr.com/home/services/housing/

- Welcome to Fort Eustis
 - (newcomers packets/email)
- In / Out Processing
- Housing Referral (on and off post options)
- Landlord-Tenant Issue Resolution
- *Rental Partnership Program* open to all ranks
- Monthly Home buying and selling seminars every 3rd Tuesday of the month





Fort Eustis, VA



UNACCOMPANIED PERSONNEL HOUSING (UPH)



733d Mission Support Group, Civil Engineer Squadron

Permanent Party Barracks Bldg 650 room 113 757-878-5858

https://jble-eustismwr.com/home/services/housing/

- In Processing/Permanent Room Assignments
 Unit Integrity by Bldgs 600 block, 807 NCOs
- UPH Staff /Barracks Manager(SGT) and Dedicated
 Maintenance Technicians are assigned to each building
- Processing Exceptions to Policy (ETP)***
 *** Marriage, Pregnancy, Custody, Caregiver...
 Will attend 1 hour "Exiting the Barracks" session in Bldg 650

Unaccompanied (single) Soldiers E1-E5 and "Dual Military" E1-E5 (without dependents) when military spouse is assigned more than 50 miles from Fort Eustis are Required to reside in the barracks.





Army Community Service

650 Monroe Ave (757) 878-3638





We are here to support you!

- Financial Counseling
- Resume Writing/Employment Assistance
- Spouse Employment Support
- EFMP Resources and Support
- Relocation Support
- Deployment Readiness Support
- Personal Work Life Program
- Army Family Team Building
- Army Family Action Plan
- Transition Assistance Program
- Information and referral to get you and your Family through these challenging times!

If you have a question or need assistance, call us, we can help or refer you to the appropriate agency!



uniquely eustis

Spouse Newcomer Orientation

-not all who serve wear a uniform-

Welcome to Fort Eustis!

What you need to know about life at Joint Base Langley-Eustis.

Briefings on the following topics:

Joint Base Langley Eustis Overview Exceptional Family Member Program Child & Youth Programs Spouses' Club of Fort Eustis Health Benefits Advisor Chapel Programs Army Community Service
Groninger Library
School Liaison
SGLI Insurance
Family Advocacy Program
Spouse Employment

Come connect with your community!

Army Community Service 650 Monroe Ave Last Thursday of the month!

9:00 am - 12:30 pm

For more information or to register call ACS at 757-878-3638.

Breakfast is provided and children are welcome!

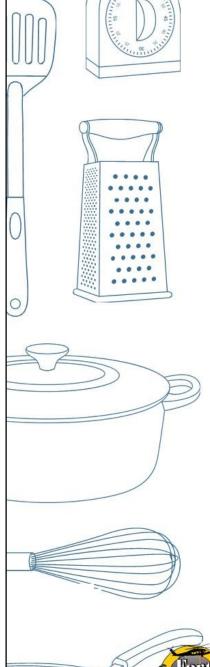
Registration is required.













Waiting for your HHG? (Household Goods)

Fort Eustis Loan Locker is **OPEN FOR BUSINESS**

Call ACS at 757-878-3638 for more information or to make an appointment

We offer dishes, pots, pans, cots, toasters, coffee pots, irons and ironing boards

Be sure to bring your orders.











Spouse Employment

- **Military Spouse Employment Partnership (MSEP)** is a resource for spouse employment with private sector companies, non-profits, and other government agencies. https://msepjobs.militaryonesource.mil/msep/home.
- Employment Readiness Program (ERP) is an Army Community Service program providing employment assistance to military Spouses, Soldiers, DoD Civilians, and all immediate Family members. https://www.armymwr.com/programs-and-services/personal-assistance/employment-readiness-program/army-spouse-employment-career-and-education.
- Military One Source, My Career Advancement Account (MyCAA) Eligible Spouses of service members on active duty in pay grades E1 to E6, W1 to W2, and O1 to O3 may take advantage of a scholarship program that provides up to \$4,000 in financial assistance to those who are pursuing a license, certification, or Associate's degree in a portable career field or occupation. The first 1,250 approved applicants in pay grades E-6 and O-3 will receive assistance based on funding. Career Coaches are available by calling 1-800-342-9647. https://mycaa.militaryonesource.mil/mycaa/
- **Spouse Relicensing:** Newly implemented policies reimburse Army spouses for license/certification fees when they PCS. The Army strongly supports the work of the DoD in promoting license reciprocity in all states.
 - https://myseco.militaryonesource.mil/portal/content/view/8576
- Army Spouse, Employment, Career and Education Information:

 https://www.army.mil/article/236579/army_spouse_employment_career_and_education_inf
 ormation.



ARMED SERVICES YMCA





OPERATION BLESSING







Patriot's Pantry Monthly mobile Food Distribution HELD EVERY THIRD THURSDAY

SIGN UP TODAY



FT. EUSTIS 1200-1300 ACS PARKING LOT 650 MONROE AVE 757-878-3638



LANGLEY AFB 1500-1630 BCC PARKING LOT 350 CLARKE AVE 757-764-3990

For E-7 and below Active-duty families



You will receive one box of food items per family.

For more information on the Patriot's Pantry:

Contact Kelly Anne Remington 757-363-1884

www.asymca.org/patriotspantry

Army Community Service 757-878-3638

Be In The Know!





@forteustisacs





JBLE - Eustis Newcomer's Safety Orientation





20 June 2023



Safety Office Functions



- Provide Safety and Occupational Health Technicians for JBLE
- Conduct Hazard Evaluation and Identification (Inspections)
- Safety Standards Compliance
 - (DOD, USAF, ARMY, & OSHA Standards)
- Investigate Mishaps, Accidents and Complaints
- Conduct Safety Training for Management, Supervisors, & Employees
- Participate in Safety Advisory Councils
- Evaluate Unit Safety Programs
- Assist Units with Risk Management & Risk Assessments





Every installation has unique traffic requirements!









JBLE Instruction 31-218 Traffic Code







Speed limit is 25 mph,

unless otherwise posted.









Seatbelts are mandatory!





Hands-Free Cell Phone Usage Only

Code of Virginia 46.2-818.2

 It is unlawful for any person, while driving a moving motor vehicle on the highways in the Commonwealth, to hold a handheld personal communications device.





Fort Eustis Main Gate





Fort Eustis Boulevard



Fort Eustis Gate #2





Shellabarger Drive



JBLE Crosswalks





Pedestrians must stop before entering a Crosswalk.

JBLE 31-218 Section 2.4.1.1
 Vehicle operators are to yield the right-of-way to pedestrians in crosswalks.

Pedestrians should show intention to use a crosswalk and must ensure drivers have shown an intention to permit them to proceed.



Construction Zones









Construction is happening all over JBLE.

Slow Down!
Watch out for Construction Equipment
Entering and Exiting roadways.



HR Transit Buses







JBLE Joint-Use Roadways





The use of listening devices,

such as headphones, earphones, iPods, and cellular phones, while walking, jogging, running, cycling or skateboarding on roadways is prohibited.





Passing a Troop Formation





- JBLE Instruction
 31-218 Traffic Code 2.3.2
 - The maximum speed limit
 will not exceed 10 mph when
 passing troop formations.







Hines Circle

Entering traffic must yield
the right-of-way
to traffic already in the circle
and travel in a
counter-clockwise direction





Washington Blvd & Taylor Ave

Stop

Think

Observe

Proceed

Be excellent to each other!





Local Road Hazards



- Website https://511virginia.org
- APP Store
 VDOT 511 Virginia Traffic
- Accident Alerts
- Road Construction Info
- Weather Conditions
- Driving Directions
- Bridge and Tunnel Reports
- Tips on Alternate Routes







List of Travel Times

Twitter Feed



Motorcycle Safety and You!









Motorcycle PPE



Required motorcycle personal protective equipment



Required PPE

- Head Protection
 - Helmet
- Eye Protection
 - Goggles, Wrap Around Glasses
 - Full Face Shield
- Protective Clothing
 - Long Sleeve Shirt or Jacket
 - Long Trousers
 - Full Fingered Gloves or Mittens
- Foot Protection
 - NOT sandals or sneakers



Motorcycle Training



For additional information

contact your unit's

Motorcycle Mentor

or

Motorcycle Safety Representative







If you don't like the weather, wait five minutes!

All the weather, everywhere, all at once!

Cold, Hot, Humid, Wet and Dry!

Thunderstorms, Nor'Easters and Hurricanes!

With the occasional Snow or Ice Storm for good measure!





Summer Temps can reach above 100F.

NEVER leave children or pets in parked cars, even if windows are open!







Maintain your vehicle!



Winter temps fluctuate rapidly!

Use EXTREME caution if driving in snow conditions.

NEVER leave your children or pets outside in the cold.





- Pay attention to the forecast.
- Dress accordingly.
- Dress in layers.
- Wear proper footwear.

Slips, Trips and Falls are the leading cause of injuries!





Risk Management



- Accept No Unnecessary Risk
 - o Is the gain worth the cost?
- Make Decisions at the Appropriate Level
 - o Leaders Aware? Engaged? Involved?
- Integrate RM into all Activities
 - On and Off-Duty
- Apply the process





Risk Management



- Look out for each other.
- Talk with your soldiers, airmen and civilians.
- Talk about off-duty plans, upcoming trips and vacations.
- Discuss what to do when things go wrong.
- Have a plan!
- Watch each others back!





Be Safe On & Off Duty









Contact Information



633 ABW Safety Office

705 Washington Blvd, Suite 227 Fort Eustis, VA 23604

Office: 757-501-8224

Standby Phone: 757-272-4820



Email: 633ABW.SEGroundSafety@us.af.mil

MilSuite: https://www.milsuite.mil/book/groups/jble-safety-office





TRICARE Dental Program
Mr. Gregory Banks
757-898-6142

Gregory.banks@ucci.com www.uccitdp.com

TRICARE DENTAL PROGRAM (TDP)

MR. GREGORY BANKS



The information contained within this document is confidential and proprietary to United Concordia Companies, Inc. Its use is limited to official business for Government representatives of the TRICARE Dental Program (TDP). It may not be reviewed, copied, disclosed or distributed to any entity other than those Government personnel officially associated with the TDP.

Any unauthorized use or disclosure of the information contained in this document is prohibited.

TRICARE DENTAL PROGRAM (TDP)

What is the TDP?

- Voluntary, premium-based dental insurance plan
- NOT automatic with TRICARE medical enrollment.
- Worldwide, portable coverage
 - CONUS and OCONUS benefits
- Single contractor United Concordia Companies, Inc. (United Concordia)







WHO IS ELIGIBLE?

Active Duty Family Members (ADFMs) of

- U.S.Air Force
- U.S.Army
- U.S. Navy
- U.S. Marine Corps
- U.S. Coast Guard
- Commissioned Corps of the National Oceanic and Atmospheric Administration
- U.S. Public Health Service

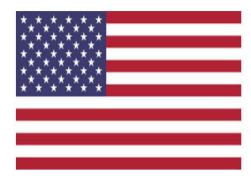


Individual Ready Reserve (IRR) sponsors

Family Members of National Guard/Reserve & IRR sponsors

Note: Your sponsor must have at least 12 months of military service commitment left for you to get TDP







WHO IS NOT ELIGIBLE

- Active Duty Service Members (ADSMs), including National Guard and Reserve members called to active duty for more than 30 consecutive days
- Retired service members and their families
- Former spouses
- Parents and parents-in-law
- Disabled veterans
- Foreign military personnel
- Service members in the Transitional Assistance Management Program (TAMP) following activation for a contingency operation





ENROLLMENT REQUIREMENTS

TDP coverage is **NOT** included in TRICARE medical enrollment – they are two different plans requiring separate enrollments

All eligible family members must be enrolled except:

- Children under age I (voluntary enrollment allowed)
- Remotely located family members (voluntary enrollment allowed)



Defense Enrollment Eligibility Reporting System (DEERS) is the sole source for verifying eligibility





HOW TO ENROLL

- Three ways to enroll
 - Online: www.tricare.mil/bwe to access the Beneficiary Web Enrollment (BWE) portal
 - Mail: United Concordia TRICARE Dental Program PO Box 645547 Pittsburgh, PA 15264-5253



CONUS: 844-653-4061

OCONUS: 844-653-4060 (toll free); 717-888-7400 (toll)

Note: Your effective date of coverage depends on the date United Concordia receives your enrollment application and first month's premium payment. If United Concordia receives it by the 20th of the month, your enrollment will start on the first day of the next month.





EFFECTIVE DATE OF COVERAGE & ID Cards

Effective Date of Coverage:

If the TDP enrollment (along with first month's premium) is received...

- By the 20th of the month, coverage will start on the first day of the next month
- After the 20th of the month, coverage will start on the first day of the second month



ID Cards

 ID cards are available in milConnect

Note: If any dental care is provided before the start date, the future enrollee will have to pay for the full cost of care





TDP BENEFITS - OVERVIEW

Benefit/Service	Cost-Share
Diagnostic Exam (two in a consecutive 12-month period)	0%
Cleaning (two in a consecutive 12-month period)	0%
Sealants for Children - Permanent molars only (through age 18) - Teeth must be cavity-free	0%
Basic Restorative - Amalgam (silver) Fillings - Composite (tooth-colored) Fillings	20%





TDP BENEFITS – OVERVIEW (CONTINUED)

Benefit/Service	Cost-Share			
Deficitly Service	E4 & Below	E5 & Above		
Endodontics (root canal)	30%	40%		
Periodontics (gum surgery)	30%	40%		
Oral Surgery (tooth extractions)	30%	40%		
Prosthodontics and Other Restorative (Implants now a benefit)	50%	50%		
Orthodontics	50%	50%		



For a comprehensive list of covered benefits, visit www.uccitdp.com and access the Benefit Booklet in the Forms and Materials link



TDP PREMIUMS: MAY I, 2023-APRIL 30, 2024

Ì	Active Duty		Selected Reserve			Individual Reserve				
	Single Premium (one family member)	Family Premium (More than one family member)	Sponsor - Only Premium	Single Premium (one family member, excluding sponsor)	Family Premium (More than one family member, excluding sponsor)	Sponsor Premium plus Family Premium	Sponsor - Only Premium	Single Premium (one family member, excluding sponsor)	Family Premium (More than one family member, excluding sponsor)	Sponsor Premium plus Family Premium
May 1, 2023 - April 30, 2024	\$12.36	\$32.13	\$12.36	\$29.84	\$80.33	\$92.69	\$30.89	\$30.89	\$80.33	\$111.22





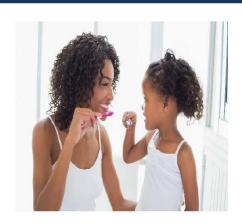
TDP BENEFIT MAXIMUMS

Annual Maximum = \$1,500.

- Per TDP enrollee
- Per contract year (May I April 30)
- Does not accrue or roll over
- No transfer between family members

Lifetime Orthodontic Maximum = \$1,750

- Available for family members (non-spouse) up to age 21 or age 23 if enrolled full time at a college or university
- Available for spouses up to age 23





TDP – FIND A DENTIST







TDP WELLNESS PROGRAM

- **Special Needs:** Nitrous oxide is covered at 100% when using a network dentist
- Pregnancy: A third cleaning is covered in a consecutive 12-month period
- **Chronic Medical Conditions:** Enhanced benefits for the following conditions:
 - Cerebral Vascular Disease
 - Coronary Artery Disease
 - Diabetes
 - Lupus
 - Oral Cancer
 - Organ Transplant
 - Rheumatoid Arthritis
 - Pregnancy

All conditions must be self-registered in My Account on the TDP website to be eligible for coverage*

*Visit www.uccitdp.com; sign into My Account and select Manage My Oral Health









TRICARE Dental Program
Mr. Gregory Banks
757-898-6142

Gregory.banks@ucci.com www.uccitdp.com



RELIGIOUS SUPPORT



Pray
Pursue Innovation
Preserve the Legacy
Prepare Spiritual Resiliency
People: Nurture, Care, Honor

T ogether

E veryone

A ccomplishes

M (the) mission

thru

T rusted

R elationships

U (that) unify

S acred

T eamwork!

RMC Annex Building 1005, Monroe Avenue Fort Eustis, VA 23604



U.S. ARMY TRANSPORTATION CORPS REGIMENTAL MEMORIAL CHAPEL (RMC) Building 923, DONNELSON PLACE FORT EUSTIS, VA 23604

24 Hour Chapel Phone: (757) 878-1304/1450

https://www.facebook.com/RegimentalMemorialChapel





Fort Eustis Religious Support Key Staff Members and Volunteers



PROTESTANT TUESDAY BIBLE STUDIES: CHAPLAIN (LTC) JAMES BRECKENRIDGE, Pastoral Care Chaplain,

(The Book of Genesis) at james.p.breckenridge.mil@army.mil or (757) 878-1985

PROTESTANT WOMEN OF THE CHAPEL MS. CHRISTINE TITKO at christinetitkopwoc@gmail.com

LADIES WEDNESDAY EVENING BIBLE STUDIES: MRS. JEANNE VAUL at vaulj@cox.net

PROTESTANT RELIGIOUS EDUCATION, EVENTS: MR. CALEB BLUE, Senior Director of Religious Education, at

AND PROGRAMS (VACATION BIBLE SCHOOL) (757) 878-4316 or caleb.blue@us.af.mil

CATHOLIC RELIGIOUS EDUCATION, EVENTS: MRS. GENEVIEVE HUGHES, Catholic Director of Religious Education,

AND PROGRAMS (VACATION BIBLE SCHOOL) at (757) 878-4727 or genevieve.hughes.1@us.af.mil

FMI OR QUESTIONS ON REGIMENTAL MEMORIAL CHAPEL (RMC) SERVICES, PROGRAMS, AND EVENTS:

SFC GENE LUCAS, Senior Religious Affairs NCOIC, at (757) 878-4909 or gene.h.lucas.mil@army.mil@army.mil@army.mil
SSG ARIEL EVANS, RMC Operations NCOIC, at (757) 878-3034 or gene.h.lucas.mil@army.mil
MS. DIANE MILLER, Administrative Assistant, at (757) 878-3021 or gene.h.lucas.mil@army.mil

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS SERVICES:

ELDER ROBERT HAWS at (715) 323-0912



24 Hour Chapel Phone: 757-878-1304/1450

www.facebook.com/regimentalmemorialchapel





WE REPRESENT THE VALUE OF RELIGIOUS LIBERTY, THE IMPORTANCE OF RELIGION, FAITH, AND SPIRITUALITY. CHAPLAIN PERSONNEL ARE AVAILABLE NOT ONLY IN CHAPEL BUT ALSO FOR ADVISING LEADERS AND PROVIDING RELIGIOUS SUPPORT IN UNITS, CONFIDENTIAL PASTORAL CARE, ETC.



FAITH GROUP SERVICES OFFERED

ROMAN CATHOLIC MASSES (RMC)

PROTESTANT SERVICES-(TRADITIONAL AND CHAPEL ROOTS)

LATTER DAY SAINTS SERVICES



RELIGIOUS EDUCATION OPPORTUNITIES

BIBLE STUDIES

MARRIAGE ENRICHMENT

CHILDRENS PROGRAMS AND SPECIAL EVENTS

MENS PROGRAMS AND SPECIAL EVENTS

WOMENS PROGRAMS AND SPECIAL EVENTS

FAMILY PROGRAMS AND SPECIAL EVENTS

FAMILY LIFE CENTER - BUILDING 1006, MONROE AVENUE, FORT EUSTIS

PASTORAL COUNSELING AND WORKSHOPS FOR INDIVIDUALS, COUPLES, AND FAMILIES

COMMUNITY RELIGIOUS PARTNERS:

MUSLIM

Cultural Center, (International Military Student Office)
Building 2751, Madison Avenue, Fort Eustis, VA 23604 (Area of 128th Aviation Brigade)
Peninsula Islamic Community Center,
1217 Todds Lane, Hampton, VA 23666, (757) 817-0652

Mosque and Islamic Center of Hampton Roads, 22 Tide Mill Lane, Hampton, VA 23666, (757) 838-4756



JEWISH

Temple Sinai 11620 Warwick Boulevard Newport News, VA 23601 (757) 596-8352 On-Line Jewish Education

jcca.org/jwb/jrep

BUDDHIST

FB Live service
Tuesdays 1300 EST (1400 EDT)
Archived for viewing later

https://www.facebook.com/profile.php?i d=100075540475138

Email: christopher.a.mohr.mil@army.mil





Chapel Activities 2023

Regimental Memorial Chapel (RMC)

RMC Address
Building 923, Donnelson Place
Fort Eustis, VA 23604

RMC Annex
Building 1005, Monroe Avenue
Fort Eustis, VA 23604



CATHOLIC REGULAR MASSES

Sundays 0900 Sunday Mass

**Confession after Mass by Appointment

Mon-Fri 1145 Mass (Except Tuesdays)

PROTESTANT REGULAR SERVICES & EVENTS

Sundays 0900 Chapel Roots Interactive Family Worship,

(RMC Annex)

Sundays 1100 Protestant Service, (RMC)

Sundays 1100 Latter Day Saints AIT Service, (RMC Annex)

Tuesdays 0930 Protestant Women of the Chapel will continue

with a short Summer session on 25 Jul-15 Aug

at the Splash Pad (Housing Office), Fort Eustis,

and then kick-off again at the RMC on 5 SEP

Tuesdays 1145 Noon Bible Study, (RMC)

Wednesdays 1800 Evening Bible Study, (Virtual)

2nd Saturdays 0700 Men's Breakfast, (RMC)

SPECIAL COMMUNITY EVENTS

10 September 1030-1430 iGNITE Your Life! (Ministry Fun Fair!

(Parking-Lot Palooza) to kick off

chapel programs, etc.) at RMC

COMING SOON!

Midweek Activities

Special Upcoming Chapel Events, Services, and Activities

24 Hour Chapel Phone: 757-878-1304/1450



FORT EUSTIS RELIGIOUS SUPPORT

24 Hour Chapel Phone: 757-878-1304/1450

www.facebook.com/regimentalmemorialchapel



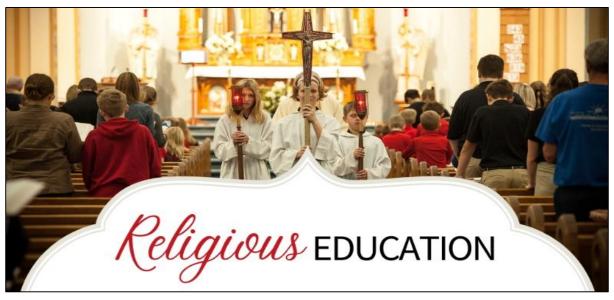
- Catholic Mass, 0900, SUN at the Regimental Memorial Chapel (RMC); FMI: Mrs. Genevieve Hughes at genevieve.hughes.1@us.af.mil or CH (MAJ) Daniel Goulet at daniel.r.Goulet.mil@army.mil
- Catholic Religious Education and Sacramental Preparation, contact the Catholic Director of Religious Education,
 Mrs. Genevieve Hughes at genevieve.hughes.1@us.af.mil or CH (MAJ) Daniel Goulet at <a href="mailto:genevieve.hughes
- Rosary and Our Lady of Lourdes Prayer Group (Call or Check Facebook)
- Protestant, 1100, SUN + Facebook: RegimentalMemorialChapel; FMI: Mr. Caleb Blue <u>caleb.blue@us.af.mil</u>,
 CH (LTC) Jim Breckenridge james.p.breckenridge.mil@army.mil, or CH (LTC) Brian Tung brian.m.tung.mil@army.mil
- Bible Study, 1145, TUE, in-depth study of book of Genesis, bring brown bag lunch; FMI: CH (LTC) Jim Breckenridge at james.p.breckenridge.mil@army.mil
- Mid Week Devotion and Prayer 1145 WED on Facebook: RegimentalMemorialChapel
- Ladies Evening Bible Study, 1800 WED (Facebook); FMI: Mrs. Jeanne Vaul <u>vaulj@cox.net</u>
- Protestant Women of the Chapel (PWOC) typically 0930 TUE; FMI: Ms. Christine Titko at christinetitkopwoc@gmail.com or eustispwoc@gmail.com
- Men's Ministry typically second SAT of the month; FMI: erosiersr@yahoo.com
- Online Giving: http://acceptiva.com/afcc Choose JBLE Ft Eustis
- Chapel Roots, Interactive Family Worship, 0900, SUN, Building 1005 Monroe Avenue; FMI: CH (MAJ) Matt Miller matthew.t.miller114.mil@army.mil
- Latter Day Saints AIT Service, 1100, SUN, In-Person, RMC Annex, Building 1005, Monroe Avenue; FMI: Elder Robert Haws at (715) 323-0912

SPECIAL COMMUNITY EVENTS

- iGNite Your Life!, Ministry Fun Fair (Parking-Lot Palooza) to kick off chapel programs, etc., 1030-1430, SUN, 10 SEP, at RMC
- Upcoming Chapel Events, Services, and Activities for Fall and Winter

CATHOLIC RELIGIOUS EDUCATION

Regimental Memorial Chapel 923 Donnelson Place Fort Eustis, VA 23604



Classes are being offered for children ages 4 through adult to include Sacramental Preparation for Baptism, First Reconciliation, First Holy Communion, Confirmation, and The Rite of Christian Initiation.

Registration will be in Classroom #23.

We are hosting an "Open House" for Families for students to meet their teachers and learn about what will be taught this year on **SUNDAY**, **SEPTEMBER 10**, **2023**, **10:00 AM – NOON**.

Classes begin **SUNDAY**, **SEPTEMBER 17**, **2023**, through **SUNDAY**, **MAY 6**, **2024**, **10:00** – **11:30 A.M**.

For questions or further guidance, please contact Mrs. Genevieve Hughes, Catholic Director of Religious Education, at (757) 788-6292 or genevieve.hughes.1@us.af.mil.



FB Live Service, Materials, & Resources For the Buddhist Soldiers and Civilians

FB Live Buddhist Service:

On Tuesdays at 1900, German time (UTC+2) led by CH (CPT) Christopher Mohr.

NOTE: The service is archived for viewing later.

(The live service would be broadcast at 1300 local Eastern Standard Time in VA (GE Time – 6 = 1300 EST).

FaceBook Page:

https://www.facebook.com/profile.php?id=100075540475138

Email: christopher.a.mohr.mil@army.mil

Recommended Prayer Books:

- 1. "The wisdom of the Buddha" edited by Anne Bancroft and the Buddha's Teachings on Social and Communal Harmony, translated by Bhikkhu Bodhi.
- Chanting Book of Abhayagiri Monastery Available for download on line at https://www.abhayagiri.org/media/books/abhayagiri_monastic_foundation_chanting_book_revision_2010.pdf
- Chanting Book of the <u>Dhammyut</u>
 Order https://www.accesstoinsight.org/lib/authors/dhammayut/chanting.pdf
- 4. Literature: What the Buddha Taught" Book by Walpola Rahula Thero. The Buddha's teaching is often called the "middle path" because he taught that one should shun all extremes and instead live a life of moderation. He then presented in this sermon what are called the Four Noble Truths: There is suffering ("dukkha")

Community Opportunities

Child Watch Care Positions Available

Now Accepting Applications

Applicants Provide:

- Resume: Working with children ages 8 Weeks to 11 Years Old
- 3 Letters of Recommendation

CTOF CONTRACTING OFFICER WILL CONDUCT INTERVIEWS

To Learn More, Contact SFC Lucas, Gene

(757) 878-4909 or gene.h.lucas.mil@army.mil

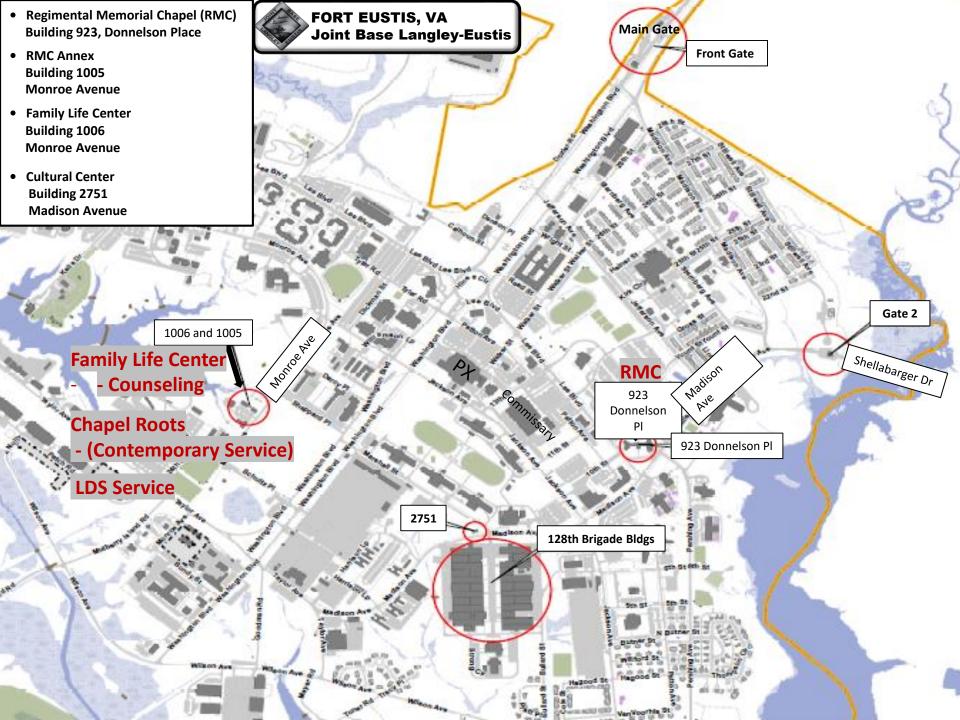
"THY WORD IS TRUE FROM THE BEGINNING"

Bible Study, Book of Genesis

Tuesdays, 1145-1245

Regimental Memorial Chapel Building 923, Donnelson Place Fort Eustis, VA 23604

ALL ARE WELCOME



733d Security Forces Squadron (SFS)





Fort Eustis Visitor Access

Fort Eustis Visitor Control Center (VCC)

Hours: 0730 – 1530, Open Monday – Friday (excluding federal holidays)

Phone Numbers: (757) 878-1878 / 1879



<u>Escorted Access – Trusted Traveler Program</u>

Fort Eustis Trusted Traveler automatically allows DoD Military Members, Retirees, Civilians and DoD ID Card holding Dependents (age 18 and up) to escort visitors or guests onto the installation without a pass. Escorted individuals must be in the vehicle with their sponsor when passing through installation gates and must remain with their sponsor for the duration of their time on the installation. No Enrollment required. Non-U.S. Citizens are not allowed to be escorted under this program.

Unescorted Visitor Access

Visitor Pass Requests

- Less than 10 guests
- Processing time: 1-2 Days
- Visitor or Sponsor may pick up completed pass at VCC during duty hours
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Non-U.S. Citizens require additional processing steps, allow 15 days from request
- May be processed during VCC non-duty hours at the installation Main Gate search tent area

Entry Authorization List (EAL) Requests

- Used for special events with 10 or more guests
- Processing time: 15 Days
- Completed list will be posted at the installation gate to allow expedited entry
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Non-U.S. Citizens require additional processing steps, allow 15 days from request

Complete Access Request Form Found Linked Below. https://www.jble.af.mil/733dSFS/



Email completed Visitor Pass / EAL request to the address below: 733MSG.S5T.VCC@us.af.mil



Allow 15 calendar days for processing.



For any questions or concerns regarding processing call the VCC at (757) 878-1878

Extended Visitor Access Credential Requests

Military Members and Families may have the ability to request the issuance of a long-term access credential for a vetted individual in-lieu of a pass.

Contact the VCC at (757) 878-1878 to see if your request meets the requirements.



Fort Eustis Foreign National Visitor Access



Hours of Operation: 0730 – 1530 Monday – Friday (excluding federal holidays)
Phone Numbers: (757) 878-1878 / 1879

Foreign Visitor Access Information

Fort Eustis policy specifies that all foreign visitors must be escorted by their sponsor at all times while on the installation. In addition, foreign visitors are ineligible for the Fort Eustis "Trusted Traveler" program. Fort Eustis personnel interested in hosting foreign visits must keep in mind a visit should not interfere with a unit's ability to accomplish its mission.

Escorted Foreign Visitor Access

Foreign Visitor Pass Requests

- Less than 10 quests
- Processing time: 10 duty days
- Sponsor and Visitor must be present to pick up completed pass at VCC during duty hours
- May be submitted and processed via email
- Request form must be completely filled out and include a photo of visitor's passport
- VCC may reach out for additional identifying information for your visitor

Complete Foreign Visitor Request Form Linked Below. https://www.jble.af.mil/733dSFS/



Email completed Visitor Pass / EAL request to the address below: 733MSG.S5T.VCC@us.af.mil



Entry Authorization List (EAL) Requests

- Used for special events with 10 or more guests
- Processing time: 15 duty days
- Completed list will be posted at the installation gate to allow expedited entry
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Foreign visitor request form must be included with EAL request for non-U.S. citizens

Submit request no later than 10 - 15 duty days prior to visit



For any questions or concerns regarding processing call the VCC at (757) 878-1878

Extended Foreign Visitor Access Requests



Parking Lot Safety



50% OF ALL TRAFFIC ACCIDENTS REPORTED ON EUSTIS OCCUR IN PARKING LOTS

TIPS FOR SAFE PARKING

- 1. PUT YOUR PHONE DOWN minimize distractions
- 2. THINK AHEAD choose a space/area that is easy to enter and exit
- 3. WATCH FOR OBSTACLES before and after entering your vehicle
- 4. SLOW DOWN drive slowly, stay alert for other cars and pedestrians
- 5. ADJUST MIRRORS get the best possible view to observe surroundings
- 6. BACK IN, NOT OUT back into or pull through the parking space
- 7. USE YOUR VEHICLE'S SAFETY TECHOLOGY
- 8. PARK STRAIGHT make sure your tires are straight after parking

Good notes for safety briefings and messages

Tenant Unit Safety Officers should inspect parking lot:

Markings
Lighting
Signs
Obstacles
Pavement

Increase Readiness



Virginia School Bus Safety



Reckless Driving

Kids, Do you know The Danger Zones?



The Danger Zone is the area on all sides of the bus where children cannot be seen by the bus driver and are in the most danger of being struck by the bus.

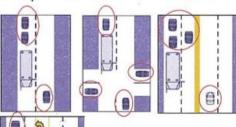
FRONT DANGER ZONE— The area which extends ten feet in front of the bus

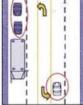
SIDE DANGER ZONE—The area which extends ten feet on each side of the bus

REAR DANGER ZONE—The area which extends ten feet behind the bus

If you can touch the bus you are TOO CLOSE!!!!!

Do you know the Rules for Materists?



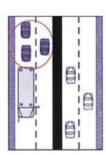


The vehicles circled must STOP

When approaching a school bus with flashing signals or flashing signals and an

extended stop sign on a public or private road, you must stop and remain stopped until all children are clear of the roadway and the bus moves again.

You must also stop if the bus is loading or unloading children and the signal devices are not functioning properly.



You do not have to stop if you are traveling in the opposite direction on roadways separated by a physical barrier or unpaved median area



School Bus Safety And Me



Commonwealth of Virginia Department of Education Pupil Transportation Services 101 North 14th Street Richmond, Virginia 23219 804-225-2037

This brochure was printed with a grant from the Virginia Department of Motor Vehicles



Reporting Animal Welfare Concerns on JBLE-Eustis

Fort Eustis Police is committed to addressing animal welfare concerns.

Animal Nuisance

Animal behavior or conditions caused by an animal that is:

- Destructive or menacing
- Disturbs the rights and privileges of others
 - Example: excessive barking

Report to Housing Office: 757-369-8347/8335

After Hours - *report to Fort Eustis Police:

757-878-4555

*Follow up with housing office for long term resolution

Animal Cruelty

Neglect – Failing to provide for an animals needs (food, water, shelter).

Physical Abuse – Causing physical trauma to an animal.

Report to Fort Eustis Police: 757-878-4555

*Fort Eustis Police coordinates with the Veterinary Office to determine neglect/abuse.

Submit a comment if you do not receive the service you expected. https://ice.disa.mil/index.cfm?fa=card&sp=93783&s=439&dep=*DoD&sc=29

Reporting Tips

Providing your contact information along with a detailed report allows us the best opportunity to resolve the issue. Pictures and videos help document your experience.

Who: Animal description and owner's name **What:** Barking, Left out, no food/water, etc.

When: Date and time of incident(s)
Where: Address and location of animal

Why: Thoughts on why it occurred



Fort Eustis Privately Owned Weapons Registration

Fort Eustis Police Station, bldg. 648 Washington Blvd.

Weapons registration paperwork can be submitted to the Police Desk 24/7 Phone Numbers: (757) 878-4555/4556

*Fort Eustis is part of Joint Base Langley-Eustis, an Air Force led joint base. Air Force policy governs law enforcement and security operations.



Personnel Residing on Fort Eustis

- All personnel regardless of status who reside on the installation must register their weapon(s) with Fort Eustis Police within 72 hours of arrival to the installation.
- All required paperwork with owning commander's signature, to include <u>JBLE Form</u> 1019 and <u>DD Form 2760</u>, must be completed and returned to the Fort Eustis Police Desk.
- Newly purchased firearms are required to be registered immediately.
- Anyone visiting personnel residing on Fort Eustis housing are required to have firearms registered prior to arriving on Fort Eustis.

All others who enter, visit, or transit Fort Eustis

- Firearms/weapons must be registered prior to bringing them onto Fort Eustis.
- Personnel (TDY, AIT, vacationing, etc.) residing in barracks or base lodging are not authorized to store firearms or ammunition within these areas.
- All International Military Students and accompanying family members, regardless
 of their country of origin, are prohibited from transporting, possessing, storing or
 using firearms on DoD installations or property.

Transportation of weapons and ammunition

- Transportation is limited to on base storage location or gate entry to the authorized hunting area / firing range and return to place of storage or gate exit. <u>Convenience stops</u> are not authorized.
- Weapons shall not be stored in vehicles.
- While being transported in a vehicle on Fort Eustis, weapons will be transported unloaded and preferably in a locked compartment.
- Weapons and ammunition will ALWAYS be separated.
- Newly purchased firearms and ammunition will be taken directly from the place of purchase (AAFES) to the installation exit or place of on base storage; convenience stops are not authorized.

Weapons registration forms can be picked up from the Police Station or downloaded from the following link:

Weapons Registration - Joint Base Langley-Eustis - iSportsman

Completed and signed forms submitted to Fort Eustis Police Desk; DO NOT BRING WEAPONS TO THE POLICE STATION.



Weapons are not registered on Fort Eustis until the registrant has a signed/stamped copy of the registration form in their possession.

Carrying concealed firearms or concealed dangerous weapons on Fort Eustis is strictly prohibited.

A weapon is considered concealed when it is intentionally covered or kept from sight, whether on the person or otherwise within their immediate control.



Community Incident Messaging



The 733d SFS strives to provide accurate and timely messaging to the Fort Eustis Community in the event of incidents impacting the installation. All messaging is relayed through official channels.

Official Channels:

Joint Base Langley-Eustis – Facebook Page Balfour Beatty Community Messaging AtHoc Messages (Registration Required) Giant Voice Notifications Information through Command Channels

Please do not call the Military Police Desk to inquire about the incident unless you have an emergency or require police assistance.

Out of an abundance of caution Security Forces handles every threat the same until we can verify its validity. We ask for your patience and understanding.

Phone Down.

It's The Law.

New Virginia Law Effective Statewide January 1, 2021 Effective January 1, 2021, it is illegal to hold a handheld personal communication device (your smart phone) while driving a motor vehicle on Virginia highways.





PhoneDown.org



Base Emergency Preparedness Orientation





Office of Emergency Management

633 CES/CEX 878-6801



Emergency Management Fort Eustis Local Area Hazards Virtual Resources



- Please visit the following sites to learn about hazards to Fort Eustis and our local area
- Hurricanes, the Surry Nuclear Power Plant, and Tiered Coastal Evacuation are examples
- **Know Your Zone** home page, click, "Go to Map" and type in your address https://www.vaemergency.gov/know-your-zone
- Virginia Hurricane Evacuation Zone Lookup Tool
 - https://vdemgis.maps.arcgis.com/apps/webappviewer/index.html?id=35c25c9a8bbd499eb 27de0ced3161e76
- Virginia Hurricane Evacuation Guide
 - https://www.nnva.gov/DocumentCenter/View/920/Hurricane-Guide---English-PDF?bidId=
- Do you live within a 10 mile radius of the <u>Surry Nuclear Power Plant</u>?
- Protective Action Zones and Evacuation Assembly Centers (note, please use Edge browser)
 - https://cdn-dominionenergy-prd-001.azureedge.net/-/media/pdfs/global/nuclear/surry-power-station/surry-paz-and-eac.pdf?rev=7f55ece3a61a4b6f9aca4e82aae149b3
- Safety and Emergency Preparedness Guide (note please use Edge browser)
 - https://cdn-dominionenergy-prd-001.azureedge.net/-/media/pdfs/global/nuclear/surry-power-station/surry-safety-emergency-preparedness-guide.pdf?rev=d95cd4ddd0ea4dde91717b115fe1293e



MCDONALD ARMY HEALTH CENTER





Health Benefits Advisors



Mrs. JoAnne Pope (757) 314-7748

Mrs. Connie Long (757) 314-7766

usarmy.jble.medcom-mcach.mbx.bcac-dcao-fe@health.mil

Located: McDonald Army Health Center

576 Jefferson Avenue – Rm M9

Fort Eustis, VA 23604

Beneficiary Counseling and Assistance Coordinator (BCAC)

Individuals assigned to Military Treatment Facility (MTF) who serves as beneficiary advocate to answer questions and help solve TRICARE related questions

Debt Collection Assistance Officer (DCAO)

Individuals at the Military Treatment Facility (MTF) who helps beneficiaries with confirmed debt collection issues or a negative credit rating due to unpaid TRICARE claims



DEERS



Defense Enrollment Eligibility Reporting System (DEERS)

- DEERS is located in Bldg. 650 (SOLDIER SUPPORT)
- Any changes to your orders, update at DEERS office
- Family members new to TRICARE –examples
 (Newborns, New spouse, new family members and Adoptions etc)
- TRICARE enrollment cannot start until DEERS has been updated.



ENROLLMENT



- CONTACT HUMANA @ 1-800-444-5445 to transfer your enrollment to this area (East Region)
- Please have your ORDERS available when calling HUMANA (you will be enrolled by your Unit Identification Code (UIC) this is found on your orders

Fort Eustis, Troop Medical Clinic (Resolute), Fort Story. Family members can also enroll at the Williamsburg Medical Home Clinic in Williamsburg, VA

- Appointments are available Monday-Friday
- Schedule appointments by calling Hampton Roads Appointment Center @ 1-866-645-4584
- If unable to keep your appointment it is very important that you/family member call and cancel the appointment so another beneficiary can utilize this appointment.

Note** A monthly report is forwarded to your Unit Commander for all NO SHOWS if you fell to cancel your appointments



USEFUL TOOLS



MHS GENESIS PATIENT PORTAL

- How do I access the MHS GENESIS Patient Portal?
- To access the MHS GENESIS Patient Portal, visit

 <u>https://patientportal.mhsgenesis.health.mil</u> or scan the QR code.

 What can I do within the MHS GENESIS Patient Portal?
- Manage primary care medical and dental appointments
- Review clinical notes, referrals, and lab and test results
- Request prescription renewals
- Exchange secure messages with your health care team
- Monitor health information and view your portal profile
- · Complete a pre-visit, dental health history questionnaire online
- Look up high-quality, provider-approved health information related to health issues, lab results, and medication

Patient Support Number

Patient Experience Officer: (757) 314-7539





USEFUL TOOLS



NURSE ADVICE LINE

- NURSE ADVICE LINE (NAL) 1-800-874-2273 available 24/7, 365 days a year in the United States
- Utilize after duty hours, weekends, holidays, out of the area and TDY
- If you call the Hampton Roads Appointment Center (HRAC) 1-866-645-4584 and there is no appointments available during duty hours, you will be transferred to your assigned clinic for assistance



URGENT CARE CLINIC



URGENT CARE

- ACTIVE DUTY SERVICE MEMBER (ADSM) must have an authorization in place prior to seeking care at an Urgent Care Clinic. You will need to contact the NAL @ 1-800-874-2273 Opt-1 for authorization prior to seeking care
- Family members have unlimited visits to an Urgent Care Clinic. No authorization required (Acute care Only)
- Emergency Care- please go to the nearest hospital emergency room(ER) or dial 911 (no authorization required) Langley ER is also available. Please follow up with your PCM after visit to ER
- SPECIATY CARE
- If you were receiving specialty care from your last duty station, a new referral will be needed from your new PCM.

DURABLE MEDICAL EQUIPMENT (DME)

 Please let your new PCM know that you have this equipment. A new referral will be needed for this area so claims will continue to pay. (CPAP, TENS UNIT etc)

CLAIMS

Assistance with bills please contact Mrs. Pope at (757) 314-7748 / Mrs. Long at (757) 314-7766



Direct Access Physical Therapy



WHO: Active Duty service members

WHAT: No longer need areferral to book aphysical therapy appointment for an acute musculoskeletal injury (shoulder, neck, back, arm, hip, knee, leg, ankle or foot). Examples include sprained ankle, pulling back from deadlift, and pain in other joints that started in the last 14 days. Service Member can call PTFront Desk at 757-314-7616 to book an acute appointment. They will be screened and offered an appointment if they meet booking criteria.

WHERE: McDonald Army Health Center Main PTClinic

WHEN: Appointments available daily

WHY: Improve readiness through expedited musculoskeletal evaluation and treatment for acute injuries

Call 757-314-7616 to book today!



COVID-19 TESTING



McDonald Army Health Center is testing beneficiaries for COVID-19

COVID TESTING & EVALUATION

Is now conducted through the Primary Care Clinics.

Please contact the Hampton Roads Appointment Center (HRAC) @ 1-866-MIL-HLTH (1-866-645-4584) or your Primary Care Manager (PCM)

- When leisure traveling COVID testing is not a TRICARE covered benefit
- Army: https://www.army.mil/coronavirus



733d Civil Engineer Squadron Environmental Element 1407 Washington Blvd Fort Eustis





Mr. Don Calder Environmental Element Chief (757) 878-7380

Pollution Prevention (P2)Planning Team Lead Environmental Mgt System (EMS) Coordinator james.carr.30@us.af.mil (757) 878-7378

Mr. Jay Carr

Mr. James Hayes Compliance Team Lead Training Coordinator james.hayes.40@us.af.mil (757) 878-7366 Conserve Today, Secure Tomorrow.

Environmental Element, CES Joint Base Langley-Eustis

Mr. Timothy Christensen
Natural Resources & Integrated Pest
Management Team Lead

timothy.christensen.6@us.af.mil (757) 878-4231 (757) 880-6111

Ms. Suzanne Dyba
Stormwater/Wastewater Program Manager
<u>suzanne.dyba@us.af.mil</u>
(757) 878-5218

Dr. Christopher McDaid Cultural Resources Team Lead <u>christopher.mcdaid@us.af.mil</u> (757) 878-7365



ENVIRONMENAL MANAGEMENT SYSTEM (EMS) TRAINING & AWARENESS



- Be the Champion of Environmental Stewardship and Pollution Prevention by integrating environmentally sustainable practices into short and long range plans
- EVERYONE: Know Your Roles,
 Responsibilities, and the Requirements as
 specified in JBLE-Eustis Environmental
 Management Procedures (EMPs)
- COMMANDERS/UEC's: Ensure your personnel are familiar with the Base's Environmental Policy, trained and appropriately supervised

Environmental Policy Statement is located on JBLE-Eustis Environmental Website Link (https://www.jble.af.mil/Units/Army/Eustis-Environmental) and should be posted in the workplace



DEPARTMENT OF THE AIR FORCE HEADQUARTERS 633D AIR BASE WING JOINT BASE LANGLEY-EUSTIS VA

OFFICE OF THE COMMUNDER

MEMORANDUM FOR ALL JOINT BASE LANGLEY-EUSTIS PERSONNEL

SUBJECT: Environmental Policy Statement

- 1. Our ability as Joint Base Langley-Eastis (JBLE) to conduct our mission requires daily operations in the land, sea and air environments. Protecting each is an integral and mandatory part for defending these, conducting realistic training relevant to the current operational environment in order to provide mission-ready expeditionary Airmen and Soldiers to Combatant Command (COCOM) operations worldwide, while providing continual support to our JBLE families. Our environmental concerns include maintaining air quality, protecting Virginia's valuable water resources and managing waste materials in a manner that reduces the land disposal burden.
- In accordance with Air Force Instruction (AFI) 32-7001, Environmental Management, we are committed to sustaining JBLE through a C.L.E.A.N. approach:
- Comply We will comply with all environmental regulations and all other requirements while reducing compliance costs and liabilities.

 Limit impact We will prevent pollution and minimize waste while cleaning up past sites of environmental concern and making efforts to achieve Chesapeake Bay conservation.

 Execute plans We will identify and attain energy, environment, safety and occupational health objectives and targets through planning that is Specific, Measurable, Achievable, Realistic, and Timely (SMART).

 Achieve improvements We will continuously improve our programs and processes through the use of effective management and planning.

 Notify We will communicate our environmental commitments and performance to all levels of our organization and local community.
- It is the responsibility of all military personnel, civilian employees and support contractors to perform their duties in a manner that prevents pollution, protects the environment and conserves natural resources.
- We will ensure the continual improvement of our environmental systems and the overall
 accomplishment of our core mission by following these commitments. Please address any questions
 or concerns to JBLE-Langley at 764-3906 or JBLE-Eastis at 878-7378.

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Environmental Management Awareness and Competency (EMAC) Training



Description:

Awareness Training – Activity Leaders will ensure all personnel are aware of their environmental stewardship responsibilities and key components of the Environmental Management System (EMS), such as the Policy and potential consequences if procedures are not followed.

Competency Training – All personnel who have positions or duties with potential to affect the environment are required to have competency training to meet the requirements of their primary job functions and any additional duties assigned.

EMAC Training covers both of these training requirements, providing EMS awareness and a general overview of all environmental program.

Requirement: MANDATORY for ALL personnel who work on JBLE-Eustis (includes ALL military, civilian, contractors & tenants)

<u>Frequency</u>: To be completed within 30 days of assignment and annually thereafter.

<u>Training available on-line on The Environmental Awareness and Competency Hub (**TEACH**) at: <u>https://usaf.learningbuilder.com</u></u>

use Edge, Chrome, or Mozilla to access. Not compatible with Internet Explorer

Scan QR Code

Confirmation of Course Completion: Personnel should maintain a copy of the training certificate produced from the website as well as provide a copy to the Activity Environmental Coordinator (AEC) of the activity.

<u>Guidance on Recordkeeping</u>: EMAC training records should be maintained at the activity by the AEC. Activities will report completion status of EMAC training to CEIE quarterly by the 10th day of the 1st month of each quarter (10th of Apr, Jul, Oct, and Jan)...refer to Environmental Management Procedure (EMP) 4.4.2 Environmental Awareness and Competency Training located in the EMP Library link on the CEIE webpage: https://www.jble.af.mil/Units/Army/Eustis-Environmental



Cultural & Natural Resources, Pest Management Stormwater, and Spill Reporting



CULTURAL RESOURCES

- Fort Eustis has
 - 234 archaeological sites
 - 12 Civil War earthworks (earthen fortifications)
 - 2 historic building
 - Jones House
 - Landship
 - Annual tours in October
 - Group Tours can be arranged





NATURAL RESOUCES & PEST MANAGEMENT

- Natural resources include game & non-game wildlife, other fauna, forestry products, trees, land and habitats.
 - Managed/conserved in a manner to meet military missions to perpetuity.
 - Integrated Natural Resources Management Plan (JBLE website).
 - Hunting & fishing program. Register at https://jble.isportsman.net/
 - Fauna/wildlife are off-limits get assistance from CEIE.
- Pest control service is provided by the 733d Civil Engineer Squadron (CES) and is requested by calling 878-HELP.
 - Only approved applicators conduct pest control on post.
- Integrated Pest Management Plan
 - available on (JBLE website).
- Ticks top disease vector on post: Protect yourself!

STORMWATER

What can I do to reduce stormwater pollution?



DON'T LITTER
ONLY RAIN GOES DOWN THE DRAIN
WASH VEHICLES IN APPROPRIATE
AREAS

CLEAN UP AFTER PETS, SCOOP THE POOP

TYPES OF ILLICIT DISCHARGES TO STORMWATER SYSTEM:

- Putting fats, oils, and greases and non-flushable items like paper towels, napkins, or wet wipes down household drains. Clogged drains can cause sewer lines to overflow and possibly enter storm drains.
- Dumping or pouring of liquids other than drinking water on impervious surfaces.
- Tossing trash and cigarette butts on the ground
- Allowing yard waste to enter storm drains

SPILL REPORTING

- Immediately report ALL spills (no matter how small) to the Fire Department at (757) 878-1008
- Call 911 in case of an emergency (fire, explosion, injury or release into ANY water or drain)
- ALWAYS PROTECT YOURSELF! Safety and protection of life and limb take precedence over environmental protection!
- Stop the spill, if safe to do
- Contain the spill with absorbents (dry sweep), booms & pads

When in doubt, contact CES/CEIE at (757) 644-7411



INJURED – SICK – DEAD WILDLIFE

- Should NEVER be handled.
- Injured and sick wildlife are most likely to cause serious injury or transmit diseases if handled.
- ➤ Contact Natural Resources & IPM Team staff immediately!!!!

ZOONOTIC DISEASES

- Zoonotic diseases are infectious diseases transmitted to humans by wildlife or domestic animals.
- > Examples include rabies and tickborne diseases.
- Only mammals can carry the rabies virus.
- Rabies vector species include raccoons, coyotes, foxes, skunks, bats, groundhogs, opossums, & stray/feral dogs and cats.
- Rabies is usually fatal to humans if not treated in time.
- Do NOT feed or care for feral/stray cats.
- At least eight diseases of humans transmitted by ticks exist in the environment at Fort Eustis.
- ➤ At least seven types of ticks are documented at Fort Eustis.

Integrated Natural Resources Management & Integrated Pest Management Plans: https://www.jble.af.mil/Units/Army/Eustis-Environmental/

CONTACTS

Contact Natural Resources & IPM Team in the event of wildlife emergencies, conflicts, concerns, or questions (Call cell phones (c) if immediate issue exists [leave message if no answer & go to next contact]):

Joe Gentry
Wildlife Biologist/Hunting & Fishing
BLDG 1409
878-2829/757-952-5204 (c)
joseph.gentry.6@us.af.mil

Adam Priestley
Habitat Manager
BLDG 1409
878-1055/757-952-5204 (c)
adam.priestley.1@us.af.mil

Tim Christensen
Natural Resources Manager/
Installation Pest Mgt
Coordinator/Entomologist
BLDG 1409
878-4231/757-880-6111 (c)
Timothy.christensen.6@us.af.mil

Conservation Law Enforcement
BLDG 1409
Officer Dominique Thomas/571-369-4840
dominique_thomas@fws.gov
Officer Matt Baird/279-842-2844
matthew_baird@fws.gov



Joint Base Langley-Eustis Fort Eustis

Natural Resources:

Fauna, & Habitats

Integrated Pest
Management (IPM)



733 Civil Engineer Squadron Environmental Element BLDG1407 Washington Blvd

Hunting & Fishing Program:

Go to iSportsman Portal at https://jble.isportsman.net

INSTALLATION

WILDLIFE/NATURAL RESOURCES

ALL wildlife are afforded legal

- protection. Wildlife CANNOT be killed,
- captured, or removed from the installation without a permit. Only Natural Resources Team possess such permits. DO NOT attempt to raise orphaned
- or injured wildlife. DO NOT liberate wildlife onto Fort Eustis.
- NEVER feed wildlife. **DO NOT** capture any wildlife to
- keep as pets. DO NOT cut trees, collect firewood,

BIRDS

pine straw, or alter wetlands.

- Active bird nests, defined by the presence of eggs, chicks, or nesting adult(s), cannot be destroyed or moved, unless under permit. Birds nesting in trees, bushes, or on
- the ground should be avoided to minimize disturbance. Most nuisance bird complaints are European Starlings or English House
- Sparrows. Fully feathered baby birds found on the ground generally do not need human intervention. They require several days to fly, and parents continue to care for them.

Trash/food attracts vultures which

can damage structures & vehicles.

SNAKES

- No venomous snakes documented on Fort Eustis to date.
- ➤ However, snakes of any type should never be handled.
- Snakes will defend themselves if agitated. It is ILLEGAL to kill snakes.
- Most snakes found in and around buildings are eastern ratsnakes and eastern gartersnakes; both are non-
- Snakes **DO NOT** chase people.

venomous.

Snakes are beneficial for pest control and critical ecological components.

TURTLES

- Turtles are most frequently found in spring and summer. > Turtles found digging in an area are
- > Only snapping turtles become aggressive when approached.

will vacate the area.

> Snapping turtles should never be handled, as they can reach 2/3 the length of their shell (carapace) and have a bite strong enough to break fingers and puncture palms.

preparing to lay eggs and once laid, they

MAMMALS

- Numerous mammals occur on the installation throughout the year.
- > Deer fawns found alone are not orphaned and should not be disturbed or handled.

- > Frequent mammal species found near humans are raccoons, opossums, deer, squirrels, & foxes.
- Raccoons, opossums, deer, and foxes are active from dusk to dawn, but may be seen occasionally during
- daylight hours. Mammals should never be approached, captured, harassed, or

handled.

- reported to Natural Resources & IPM Team immediately.
- Avoid leaving pet food, bird seed and trash around that will attract mammals to residences.

> Sick or confused mammals should be

INSECTS, SPIDERS & INTEGRATED PEST MANAGEMENT

- Many insects, spiders & other invertebrate organisms occur at Fort Eustis.
- > These organisms are critical
- ecological components. > Some may become pests requiring corrective action.
- Contact Tim Christensen with questions or for assistance: timothy.christensen.6@us.af.mil,
- 757-878-4231/880-6111.
- > Request pest control by calling 757-878-HELP.
- > Only certified applicators approved by Installation Pest Management Coordinator/733 Civil Engineer Squadron can apply pesticides/perform pest control.





Veterinarian Treatment Facility

Fort Eustis Veterinary Treatment Facility

580 Jefferson Ave, Fort Eustis, VA 23604

Appointments are made on a first come first serve basis

Services Provided:

- Wellness exams
 - Vaccines
 - · Heartworm tests
 - Heartworm, flea, tick, parasite prevention
 - · Health Certificates for travel
- Sick call exams
 - X-ray
 - Bloodwork
- Reproductive Surgery
- Soft Tissue Surgery
 - Mass removals
 - Eyelid repairs



Phone: (757) 878-5824

Hours:

Monday- Friday 0800-1600 closed Thursday and last working day of the month.





OFFICE OF THE STAFF JUDGE ADVOCATE LEGAL ASSISTANCE JBLE, VIRGINIA

Phone: 757-878-5457

OR

757-504-2838

2732 Madison Avenue Fort Eustis, VA

Walk In Services for POAs and Notarization All Other Services By Appointment Only

Times: 1000, 1100, 1400, 1500



Legal Assistance Overview—





- Legal assistance is available to active duty members, dependents, retirees, and Reservists/Guardsmen on Title 10 Orders
 - Reservists/Guardsmen are eligible for a specified time following release from Title 10 Orders equal to twice their service on Active Duty
- Also available to provide briefings at Commander's Calls and other functions
- Services are FREE!



-Most Common Services-



- ► Notary and Power of Attorney

 walk in services (0830-1130;
 1300-1630)
- **▶** Estate Planning
- ▶ Family Law
- Service Members Civil Relief Act

- Landlord Tenant Matters
- Consumer Law
- Military Administrative Matters (GOMOR, FLIPL, etc)



Legal Assistance Resources



- The Consumer Financial Protection Bureau:
 - http://www.consumerfinance.gov/
- The United States Department of Justice: <u>www.servicemembers.gov</u>
- The Federal Trade Commission: http://www.consumer.ftc.gov/
- The State Attorney General's Office: http://www.scag.gov/
- o Truly free credit reports available at https://www.annualcreditreport.com



_Prohibited Legal Assistance ____ (Topics/Services



- Advice against Official Military Interests
- Advice to someone with Attorney-Client Relationship
- Appearance in Court/Admin Hearing
- Complex Estate Planning
- Criminal Matters
- Law of Armed Conflict Issues





Services Provided



- Marriage
- Legal Separation
- Divorce
- Financial nonsupport
- Child Custody
- Testamentary Trust for minors
- Guardianships
- Insurance Beneficiaries and SGLI Beneficiaries
- Advance medical directives
- All Consumer Affairs Issues
- SCRA
- USERRA
- Notarization
- Federal Income

- State Income
- Powers of Attorney
- Anatomical Gift
- Lease Issues
- Debtors on Loans
- Line of Duty
- Reports of Survey
- OER/NCOER
- Relief for Cause
- Memoranda for Reprimand
- Correction of Military Records
- Invoking SCRA
- Real Estate



—Freedom of Speech in the Army—



■ 1st Amendment: "Congress shall make no law ... abridging the freedom of speech ..."

But ...

- AD subject to the UCMJ 24/7 & 365
- Courts have upheld certain laws restricting free speech:
 - Disrespect towards superiors
 - Disclosure of classified info
 - Violations of orders
 - Good order and discipline / service discrediting





-Applicable UCMJ Articles-



- → Article 88, Contempt Toward Officials
 - Officers can't use contemptuous words against POTUS, VP, SECDEF, SECARMY, Congress
- → Art. 92, Failure to Obey Order or Regulation
- → Art. 133, Conduct Unbecoming an Officer
- → Art. 134, General Article
 - "all disorders and neglects to the prejudice and good order and discipline in the armed forces"
 - "all conduct of a nature to bring discredit upon the armed forces"



—Permissible Political Activities



- Register & vote
- Express personal political opinion in personal capacity
 - "These are my own opinions and not affiliated with the Air Force of DoD..."
 disclaimer
- Encourage others to participate in political process
- Non-Political "Get Out the Vote" Drives
- Attend political meetings do <u>NOT</u> wear your uniform

- Sign petitions <u>in personal</u> capacity
 - Write letters to the editor in a private capacity
 - Not part of organized letterwriting campaign
 - Can't solicit votes
 - o Disclaimer required
- Make donations in personal capacity
- Display a political bumper sticker on a POV



—Prohibited Political Activities



Professions



Speak before a partisan political gathering



Use official authority to influence election or solicit votes



Publish partisan political articles, letter, or endorsements that solicit votes



Serve in any *official* capacity with a partisan political club

Employment



Display partisan sign at a residence on a military installation (including privatized housing)



Partisan political fundraising



Advocate in any media for or against a party, candidate or cause



Examples of Bad Social Media



"Screw Obama and I will not follow all orders from him"





Examples of Bad Social Media



"This is me laying back in my car hiding so I don't have to salute the 1700 flag..."



- = 202 likes
- sheffeynation This is me laying back in my car hiding so I don't have to salute the 1700 flag, KEEP ALL YOUR "THATS SO DISRESPECTFUL/ HOW RUDE/ETC." COMMENTS TO YOURSELF & cuz, right now, IDGAFFFFF



Jeez, Can I Post Anything?=



- You are absolutely free to post on your <u>PERSONAL</u> social media accounts.
 - Use Your Best Judgment!!!
 - OPSEC
 - Could this reflect negatively on the Army?
 - Could there be consequences?
 - Is it defamatory, libelous, vulgar, obscene, abusive, profane, threatening, hateful, racially, ethnically, or otherwise offensive or illegal information or material? **DON'T POST!!!**
 - Self-incriminating? DON'T POST!!!





Official Guidance—



Civilians

- The Hatch Act, 5 U.S.C. 7321-7326
 - Restricts the political activity of Executive Branch employees. Intelligence Community employees and Senior Executive Service and above are subject to further restrictions

Military

- DoDD 1344.10, Political Activities by Members of the Armed Forces DODI 8170.01, Online Information Management and Electronic Messaging
- AR 360-1, Army Public Affairs Program
- AR 600-2, *Army Command Policy*
- FM 3-61, Communication Strategy and Public Affairs Operations





Family Advocacy Program 502 Sternberg Ave 757-314-7998

Victim Advocate Hotline Number 1-757-276-1090 (24 hours/ 7 days a week)





What is the Family Advocacy Program?

The Family Advocacy Program has been established by the DOD as the Commander's tool for addressing issues related to child and domestic abuse. The FAP Mission is to:

- Provide education/support to prevent abuse
- Encourage prompt reporting of suspected abuse
- Promote victim safety
- Provide for offender treatment/accountability
- Ensure trained professional staff for intervention





FAP's Mission is Prevention Programs Include

FAP Secondary Prevention and Client Engagement

 Clinical Counseling and Intervention services for individuals, couples, and parents with early indicators of risk

New Parent Support Program

 Home Visitation Services to Expectant Parents and Parents of Children up to Age 3

Treatment Intervention

 Clinical assessment and therapy of clients with incidents of abuse or maltreatment

Victim Advocacy

- 24/7 services supporting victims of domestic abuse
- FAP's internal teamwork, collaboration, & alliances with external partners support capacity, resilience, sustainability to foster Personal & Family Strengths





FAP Program and Services

Prevention (Primary and Secondary)

- New Parents Support Program (Prenatal-Age 3)
- Family Advocacy Strength-Based
 Treatment (FAST)-Voluntary, Couples
 Counseling for Families At-Risk
- Parenting Programs (Love and Logic, Active Parenting)
- Couples Communication Classes (PREP)
- Healthy Relationships Classes
- Special Awareness Months Activities
- Stress & Anger Management
- Partnership with Civilian Community Resources





Types of Family Maltreatment

Spouse/Intimate Partner

- Emotional Abuse
- Sexual Abuse
- Physical Abuse

Child

- Emotional Abuse
- Sexual Abuse
- Physical Abuse

Neglect

- Educational
- Medical
- Lack of Supervision
- Exposure to physical hazards
- Lack of Basic Necessities





Victim Advocate Services

- We serve victims of Domestic Violence and Non offending Parents of Child Abuse
- Our services are completely voluntary-not mandated
- We are the liaison between civilian and military agencies on behalf of client.
- We provide information on:
 - Safety Planning
 - Client's rights
 - Information, Support and Referral
 - Crisis Intervention
 - Accompaniment to Court Hearings and Investigative Meetings
- Confidentiality unless child abuse is disclosed or unless there is a high-risk level of Domestic Violence; repeated FAP cases, strangulation, pregnancy





FAP Leadership Training

- All incoming Commanders and 1SG inprocessing, are required to contact FAP within 30 days of taking new leadership role:
 - FAP will be able to ensure all Commanders and 1SG know about mandatory reporting.
 - Discuss the required CRB training and CRB process
 - Unit Trainings
 - Referral Process
 - Base Supervision Guidelines
 - Preventive Services for Active-Duty Members and their Families
 - Reporting Requirements for Child Abuse and Neglect





FAP Facebook Page

 For more information regarding Family Advocacy and the great things going on the installation please visit our Facebook page

https://www.facebook.com/JBLE-Family-Advocacy-Program-110454957271946



Fort Eustis Army Education Center 1500 Madison Avenue

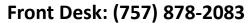


Lead Education Services Specialist – Donald L. Gallimore Jr., donald.l.gallimore.civ@army.mil
Counselors:

Dr. Stephanie Bingham-Tillman, stephanie.bingham-tillman.civ@army.mil

Heather Ramos, heather.l.ramos4.civ@army.mil

Yahaira Rivera-Chacon, Counselor Support



Email: usarmy.jble.asa.mbx.edcenter@mail.mil

Hours of Operation

Monday – Wednesday & Friday: 0730 – 1600; Thursdays: 1300 – 1600

Counseling Services

Monday – Wednesday & Friday: 0800 – 1530: Thursdays: 1300 – 1530 https://www.facebook.com/FtEustisAEC



Tuition and Credentialing Assistance



- 16 Semester Hours (SH) or \$4,000 total per Fiscal Year (FY)
 - Tuition Assistance (TA) and/or Credentialing Assistance (CA) combined.
- TA can be used toward:
 - Associate's, Bachelor's, or Master's degree program
 - Undergraduate or graduate certificate program (limit 1 per lifetime)
 - Must be forward progressing degree or program to qualify
- Credentialing Assistance
 - Army Credentialing Opportunities On-Line (COOL)
 - https://www.cool.osd.mil/army
 - CA counselors available via COOL website contact form
- Army IgnitED 2.0
 - https://www.armyignited.army.mil/
- TA and CA can be used at the same time!



Available Services



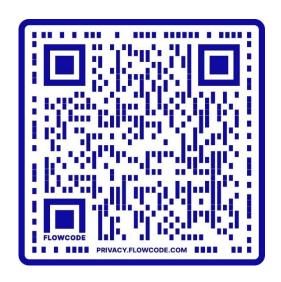
- Education and Career Counseling
- Tuition Assistance and Credentialing Assistance
- Army Personnel Testing (APT):
 - DLAB, DLPT, OPI, AFCT, SIFT, TABE
 - DA 4187 required for all APT must be "digitally" signed by Commander
- Basic Skills Education Program (BSEP)
- Computer Lab (Closed on Fridays)
- On-Post Colleges:
 - University of Maryland Global Campus
 - Embry-Riddle Aeronautical University
 - Fort Gregg Adams Central Texas College & Virginia Commonwealth University



Army Continuing Education System

We are here for you!





Scan the QR code to connect with an ACES Guidance Counselor in your Virtual Education Center

- ✓ Mandatory Initial Education Benefits Counseling (for all new Soldiers)
- ✓ ArmylgnitED accounts, information/ troubleshooting
- ✓ Tuition Assistance
- ✓ Credentialing Assistance
- ✓ Military Withdrawals and Holds
- ✓ CLEP/DSST Exams for college credit
- ✓ GI Bill Benefits
- ✓ Degree and Career Exploration
- ✓ Testing Services:

AFCT · DLAB · DLPT · SIFT · OPI · ECLT ·

TABE · BMST and more

- √ Free Application for Federal Student Aid (FAFSA)
- ✓ Referral to virtual Basic Skill Education Program (BSEP)



Office Hours:

Monday – Friday

7:30 am - 4:00 pm

Phone: 757-231-5680

Email: baseadvisor@umgc.edu



Schedule an advising appointment.



Hampton Roads and Central Virginia

Ft. Eustis USO

- Hours of Operation:
 - Monday thru Friday
 - 1000 ~ 1700
 - closing times vary; volunteer dependent
 - Saturday and Sunday
 - 1200 ~ 1800
 - weekend hours vary; volunteer dependent



Support Request

https://hrcv.uso.org/programs/request-unitsupport

Social Media

https://www.facebook.com/groups/usohrcvforte ustis







Mission

Army Wellness Centers provide primary prevention programs and services that promote enhanced and sustainable healthy lifestyles, improving the overall well-being of our Soldiers and their family members.

AWC Goals:

- Optimize human performance
- Increase readiness and resilience
- Lower risk factors for preventable disease
- Improve and sustain overall personal health

Who Can Come?

- ➤ Active Duty Military
- > Spouses
- > Dependents over 18 yrs
- **▶** DoD Civilians
- > Retirees



Initial Coaching Session



Body Composition (BodPod)

Metabolic Testing (Resting Metabolic Rate)



Health Coaching



Fitness Testing



Cardiorespiratory Fitness (VO2 Submax)



Flexibility



Muscular Fitness





WHAT'S UNDER YOUR SKIN?

ULTRASOUND WWW.

WHAT IT DOES

- Measures fat and muscle thickness
- Determines total body fat %
- Scan creates visual cross-section of tissue
- Tracks changes over time

HOW IT WORKS

- Ultrasound waves reflect off different tissue boundaries
- Strong reflections occur at fat/muscle + muscle/bone interfaces
- Fat + muscle thickness is measured and graphed
- Multiple site measurements determine overall body fat %

WHY ULTRASOUND?

- Break down total body fat % by segments
- Compare side-by-side scan images to visualize changes
- Results not affected by hydration levels, caffeine, or exercise
- Avoid pinching and human error

SKIN
SUPERFICIAL LAYER
DEEP LAYER

ADIPOSE TISSUE STRUCTURE



General Wellness Education











Upping Your Metabolism Class

Fueling for Health Class

Healthy Meals in Minutes Class

Stress Management Class

Healthy Sleep Habits Class



Height, Weight, & Body Circumference Certification

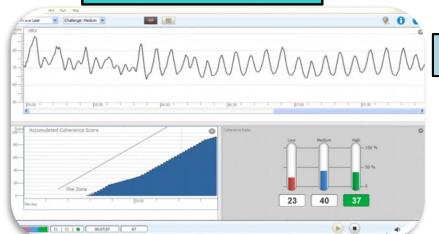




- Analyze and understand AR 600-9
- Learn proper height, weight & body circumference measurement protocols
- Discuss healthy exercise and nutrition habits related to overall body composition
- Complete a practical exam in order to pass/fail the class

Stress Management



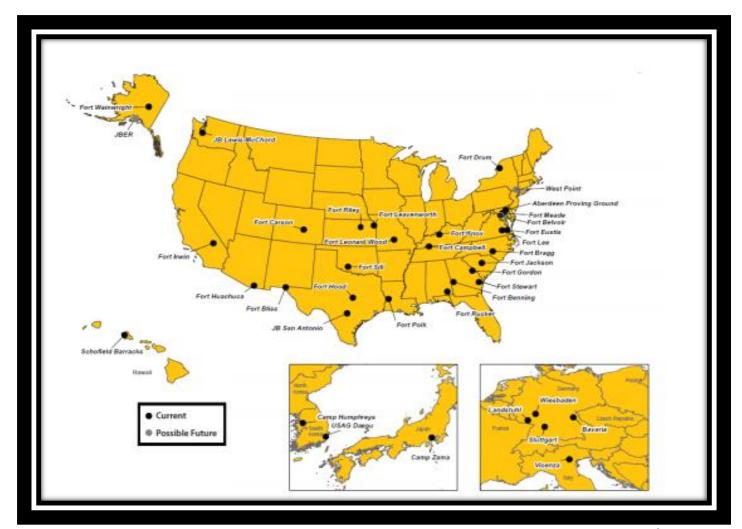




Stress Management Class



Army-Wide Locations





Leverage Technology

- Download mobile applications or use websites to track:
- Physical activity.
- Sleep.
- Calories.
- Food & Water intake.

















Joint Base Langley-Eustis, VA







757-314-7724

500 Sternberg Ave. Ft. Eustis, VA 23604

Mon, Tues 0730-1630

Wed-Fri 0600-1500





CHILD & YOUTH PROGRAMS



Serving the Families of Military and DoD Civilians

CYP MISSION STATEMENT

To assist DoD military and civilian personnel in balancing the competing demands of the accomplishment of the DoD mission and family life by managing and delivering a system of quality, available, and affordable programs and services for eligible children and youth 2 weeks - 18 years of age.



ALL PROGRAMS

Inspected by Air Force
Participates in the USDA Child and Adult Care Food Program
Background Checks - Initially and Every 5 Years
Training Requirements – Initially and Annually

JBLE CHILD & YOUTH PROGRAMS (CYP)

Provides a variety of Developmental Programs to include: Center Based, In Home Care, Before & After, Sports & Instructional

Full-day Care/Hourly Care

B/A Newport News Public School (Preschool Program)

School Age Care (SAC)

Youth Programs

Instructional Programs

Youth Sports

FAMILY CHILD CARE (FCC)

FCC Providers care for children ages 2 weeks — 12 years of age. Hours of Operation: Dependent on each Provider

Benefits:

- Home Environment
- Small Ratio
- Mixed Age Group
- Background Checks All family members 12 years and older (Annually)

Types of Care

- PCS Care
- Evening, Weekend and Overnight Care
- Hourly Care
- Special Needs
- Deployment
- Military Spouse Appointments

For more information: (757)878-5584/5726



CHILD DEVELOPMENT CENTER (CDC)

CDC staff provide care for children ages 6 weeks – 5 years old. Hours of Operation: Mon – Fri 0530 - 1800



Benefits:

- Accredited by the National Association of Education for Young Children (NAEYC)
- Center Based Program
- Specific Age Group, i.e. Infant, Pre-Toddler, Toddler and Preschool

Types of Care

- Full Day Care
- B/A Newport News Public School (Preschool Program)
- Hourly Care
- Special Needs

For more information:

(757)878-4000/4723

SCHOOL AGE CARE (SAC)

SAC staff provide care for children ages Kindergarten — 12 years old. Hours of Operation: Mon — Fri 0530 - 1800

Benefits:

- Nationally Accredited by the Council on Accreditation (COA)
- Affiliated with Boys & Girls Club of American (BGCA) and 4-H
- Programs, i.e. Technology, Drama, Homework Help, STEM

Types of Care

- Before and After Care
- Full Day Care School Out/Holiday Breaks
- Summer Camps
- Special Needs
- Hourly Care



For more information:

(757) 878-5339/878-3794



The CYP programs utilize an online enrollment system. To enroll, parents must visit www.militarychildcare.com and create an account. Once you have your account, you will be able to search for the programs that you want and the care that is needed.

Child Care Fee Assistance



Child Care Fee Assistance was created to provide authorized Reserve and Active Duty personnel assistance in locating, selecting, and offsetting the cost of civilian child care when on-base child care is not available or a viable option for the service member and their family.

- Program offered to all branches of the military
- Based on Total Family Income
- Children not in school must be enrolled in a minimum of 16 hours of care per week.
- Children in school must be enrolled in a minimum of 6 hours of care per week during the school year and a minimum of 16 hours of care per week
- Does not cover drop in care
- Care must be on a regular fixed schedule

For more information go to

https://www.childcareaware.org/fee-assistancerespite/militaryprograms/

Child and Youth Program Business Modernization System (CYPBMS)



The new Child & Youth Programs software program used to manage and enroll children into full day child care, before and after school age care, open recreation, sports, and instructional programs.

YOUTH PROGRAMS (YP)

YP staff provide activities for youth ages 9 years old – High School. Hours of Operation: M-F After School Programming

Benefits:

- Affiliated with Boys & Girls Club of American (BGCA) and 4-H
- Programs, i.e. Computer Lab, Preteen/Teen Councils
- Special Events, i.e. Lock-Ins and Field Trips



Types of Care

- After Care
- School Out/Holiday Break Schedules
- Summer Camps
- Special Needs

For more information:

(757) 878-2662/4448



YOUTH SPORTS

Youth Sports Program emphasizes fundamentals, team work, physical conditioning and most importantly <u>FUN</u>!!!

TEAM SPORTS

Baseball / Tee Ball / Spring & Fall Soccer

Volleyball / Flag football / Basketball / Tennis

Cheerleading / Run Club

CLINICS

Basketball / Soccer / Cheerleading / Tennis

SMART START

(For 3 – 5 Year Olds)

Soccer, Cheerleading, Baseball & Basketball



For more information:

(757) 878-0833/3724

INSTRUCTIONAL PROGRAMS

JBLE – Eustis Instructional Programs empower youth to expand their knowledge and learn new skills through extra curricular programming.



CLASSES OFFERED

Piano

Dance (Ballet/Tap/Jazz/Pom-Pom)

Music Together

For more information:

(757) 878-2662

SCHOOL LIAISON

Child & Youth Education Services

Serve as the primary point of contact for school-related matters.

Assist military incoming and outgoing families with enrollment and transition.

Represent, inform, and assist Commands.

Coordinate with local school systems, to forge partnerships between the military and schools.



For more information: (757) 503-7301

THANKYOU



Romona Butler Community Child Care Coordinator 757-878-5584/757-878-5726 Christine Stiefel School Liaison Specialist 757-503-7301 or 757-878-7821



Sherman Watkins

Transition Services Manager

Clayton Wilkes

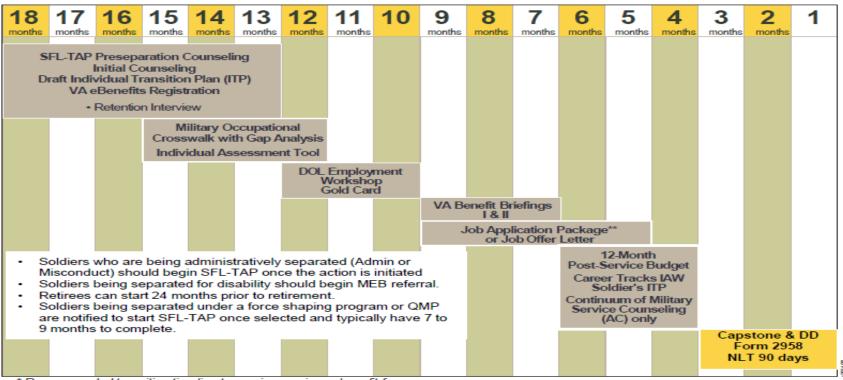
Career Skills Program Manager



- ✓ What is TAP mission? Prepare & Connect separating Soldiers and their Spouses
- ✓ When to Start? 24 18 months from separation/retirement
- ✓ How to Start? Contact the TAP Center at 757-878-4955 or visit website

 (https://www.grmytap.grmy.mil)
 - (https://www.armytap.army.mil),
- ✓ Starting transition process early produces a "Career Ready"
 transitioner!

Army Distributed Transition Timeline



^{*} Recommended transition timeline to receive maximum benefit from program.

All transition services represented here can be accessed face-to-face at your local SFL-TAP Center, through SFL-TAP Virtual Center (www.sfl-tap.army.mil) or at 800.325.4715. Acronyms: Dept. of Labor (DOL), Dept. of Veterans Affairs (VA), Individual Transition Plan (ITP).

^{**} Job Application Package consists of a resume of choice, references, and two submitted job applications.





JBLE Job Fair





Employer Panels

Hiring Event



Employer Days







Events

Employment Workshop Track
Entrepreneur Workshop Track
Accessing Higher Education Track
Career Exploration & Planning Track
Federal Resume















EDUCATION & TRANSITION COUNSELORS



Amazon

Hire Military

SMART Heroes

VA WARTAC

(WaV2T)

FORT IRWIN, CA

(IHG)

AAFES

6.

7.

9.

21.

Werner CDL

ACI Learning

Hire Military

Technician

VA WARTAC

Fellowship

ABC Construction

Armed Forces Conservation

Heavy Construction Academy

National Tractor Trailer School

Onward to Opportunity (O2O)

Paul Smith's School of Logging

Carpenters (UBC) Millwrights

Veteran Semiconductor Training

and Experience Program (VET

Ryder Diesel Mechanics

Solar Ready Vets (DOE)

United Brotherhood of

Davis Ulmer Fire Protection

Michael and Son HVAC and

Shipper's Choice CDL

Southside Virginia CC Phlebotomy

Natural Refrigeration Technician

Noower Info Tech Fundamentals

ABF Operations Supervisor

Atlas Vet Startup Fellowship

Aviation Maintenance Technology

Charter Communications (Spectrum)

Fayetteville Community College CDL

Cintect, Inc. Information Security

CVS Store Manager Training

Microsoft Software Systems

NC DMV Commercial Truck Driver

Siemens Healthineers Medical

Heroes MAKE America

Academy (MSSA)

NC State Farmer and

Rancher/Agriculture

Trane Trade Warriors

Technician

Assertive Professionals

Caliber Collision

(#REDWHITEANDCOOL)

Shipper's Choice CDL

SW Design School-Web and Graphic

GuidePoint Security HOH Corporate Fellowship La Cocina

Plumbing

A-16 Coding

New Horizons

Design Program

VA WARTAC

TNCC Welding

Airstreams

Veterans Program

STEP)





TAP Center 878-4955 705 Washington Blvd, Suite71 Fort Eustis, VA 23604 armytap.army.mil



www.jble-eustismwr.com





Morale Welfare & Recreation

Something fun for everyone!



www.jble-eustismwr.com





Bowling Center

757-878-5482 • 675 Dickman St Tue-Thu: 1100-2100 | Fri: 1100-2300 Sat: 1200-2300 | Sun: 1200-1800 • Bowling Leagues, Activities for kids & adults



Community Recreation Center (MWR)

757-878-3717 • 671 Lee Blvd. Wed-Sun: 1100-1900

• TV lounge, Video game room, Movie room, Billiards, Ping-Pong, Board games, Activities for families & adults.



JBLE Aquatic Center

757-878-1090 • 641 Tyler Ave. Lap Pool: Mon-Fri: 0500-1400 Adventure Pool: Sat-Sun: 1200-1700

3-story water slide, mushroom waterfall, whirlpool, and lazy river
Swim Lessons, Birthday Parties, Seasonal Outdoor Pool, Lifeguard Cert.



Information, Tickets & Travel

757-878-3694 • 671 Lee Blvd. Mon-Fri: 0900-1700

 Sells discount tickets to local theme parks, tourist attractions and attractions nationwide.



www.jble-eustismwr.com





Outdoor Recreation

757-878-2610 • 828 Kells Dr. Mon-Fri: 0800-1700

 RVs, Boats, Cabins, Bounce Houses, Privately Owned Firearms(POF) Range, Etc.



Fort Eustis Club

757-878-5700 • 2123 Pershing Ave. Tue-Fri: 0900-1700

Lunch buffet: Tuesday – Friday: 1100-1330
 The Bistro @ McDonald Army Hospital: offers breakfast and lunch, Monday-Friday: 0600-1300



The Pines Golf Course

757-878-2252 • 3518 Mulberry Island Rd. Mon-Sat: 0800-1715 | Sun: 0800-1630

• 24-hole facility, Annual Greens Fee Membership, Daily Fee Rates



Auto Craft Shop

757-878-5440 660 Jackson Ave. Wed-Fri: 1200-1930 | Sat-Sun: 1000-1730

• 5 bay self-service car wash, open 24/7

Each patron is REQUIRED to carry an Auto Craft Shop Card.
 Safety classes every Thursday from 1800-1900 and every 3rd
 Saturday from 1100-1200.



www.jble-eustismwr.com





Anderson Field House

757-878-2328 • 643 Dickman St.
Mon-Fri: 0530-2030, Sat & Sun: 0830-1600
Holidays: 0700-1500

 Cardio Room, Basketball/Volleyball Court, Free Weights, Selectorized Equipment
 Intramural Sports Seasons (Softball, Basketball, Flag Football)



McClellan Fitness Center

757-878-5556 • 673 Monroe Ave. Mon-Fri: 0530-2030, Sat & Sun: CLOSED Holidays: CLOSED

 Cardio Room, Functional Fitness Area, Free Weights, Multi-Purpose Room

Quarterly Group Exercises Classes Offered

After-Hours Access Available
Register at McClellan Fitness Center
during staffed hours





All things MWR and resources in one place!

www.jble-eustismwr.com









Follow us for information on the go!

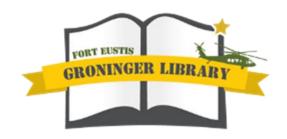


www.facebook.com/ forteustismwr









Groninger Library 1313 Washington Blvd (757) 878-5017

Email: groningerlibrary@yahoo.com

Website: jble-eustismwr.com/morale/library/



- ◆ Digital resources remain available 24/7 @ dodmwrlibraries.org
- For computer access visit -
 - ACS, 650 Monroe Ave, 757-878-3638 (NIPR & Commercial Terminals, Limited Printing)
 - CyberZone @ Community Rec Center, 671 Victory Blvd, 757-878-3717/2067 (Commercial Terminals)
 - USO, 833 Monroe Ave, 757-878-1046 (Commercial Terminals, Limited Printing)
- ◆ To out-process or if you need assistance contact library staff via phone 757-878-2203 or email groningerlibrary@yahoo.com
- ◆ Library materials may be returned at either designated return bin located at Bldg 1313.

For renovation updates, follow us on FaceBook @groningerlibrary



How we support the Fort Eustis Community...

- CAC Enabled Commercial and Military Domain (Green **Screen) Computers**
- 24/7 Wi-Fi Available
- Small group meeting **locations**
- Limited FREE Printing, Faxing, and Scanning



Recreation



- **Physical & Online Resources**
- **Bestselling Books**
- **Megahit Movies**
- **Chart Topping Music**
- Soldier & Family Focused **Programming**

- Test Preparation (ASVAB, CLEP, Dantes)
- Professional **Recommended Reading** Titles (CSA, SMA, AUSA)
- **Online Courses** (Technology, Finance, Business, Languages), some CEU Credit Hours **Available**
- Access to Research **Databases (Ebsco, Gale)**
- Research Support
- K-12 Educational Tools & **Materials**









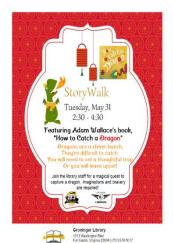


- Web: jble-eustismwr.com/morale/library/
- Facebook: @groningerlibrary
- Instagram @groningerlibrary

















633d Air Base Wing Public Affairs

705 Washington Blvd, Suite 147 878-4920

Mr. Erik Siegel

JBLE Public Affairs

757-878-4920 or 633abw.pa.eustis@us.af.mil

"Ya'll just take photos, right?"

- Storytelling & Command Info
 - Highlighting events & service members
 - Base closures/delays
 - Messages from the JBLE or FE leadership
- Community engagements
 - Base tours & speaking engagements
- Media engagements & prep
 - We are not "the media"...we are the buffer between YOU & the media!
- Alert photo & crisis communication
- Marquee and Command Channel
- We support all wings, brigades, and tenant units on JBLE
 - Split PA office Langley & Eustis



JBLE Public Affairs

757-878-4920 or 633abw.pa.eustis@us.af.mil

Social Media Conduct

- You are personally responsible for what you say and post on social media
- Consider how a post can be interpreted by the public.
- If you have doubts about your post, err on the side of caution.
- Maintain appropriate communication and conduct with officer and enlisted personnel, peers, superiors and subordinates.
- Don't post the exact whereabouts and activities of deployed service members.
- Be general about the dates and locations concerning trip arrival and departure.
- Don't make your vacation dates public on social networks.
- Don't publicly post exactly how long you will be gone on a trip or deployment.
- Be careful about publicly posting children's photos, names, schools, ages and schedules.
- Consider the image you portray on social media, especially if you have images of you in uniform-think before you share information that could jeopardize safety, security, and your or your
 teammates' careers or reputations.



Facebook.com/JointBaseLangleyEustis

FOLLOW US!





@JBLEgram





@JBLEstatus



JBLE APP

Langley and Eustis in the palm of your hand.



APP Store or Google Play TODAY!



- JBLE Airshow Info
- JBLE News
- Unit Info
- Installation Operating Status
- Weather Info
- Force Support/MWR Events & Info
- Phone Book
- Direct links to SAPR/SHARP
 & Suicide Prevention hotlines
- Community Info including:
 - Schools
 - Hospitals
 - Attractions
 - Transportation
- Neighboring Military Bases
- Social Media Links...and more



JBLE Public Affairs

757-878-4920 or 633abw.pa.eustis@us.af.mil

•THE TAKEAWAY:

- Contact JBLE Public Affairs If:
 - You have a story that needs to be told!
 - You're contacted by the media or if you're going on TV (game show, reality TV, news, etc.)
 - Wearing your uniform implies official DoD, Army or AF endorsement when in doubt, ask!
- Location: Building 705, Suite 147
- DON'T FORGET TO DOWNLOAD THE JBLE APP!!



- Provides short-term, situational, problem-solving counseling to Service Members and their families.
- Provides psycho-education to help Service Members and their families understand the impact of deployments, family reunions following deployments and other stresses related to military life.
- MFLC counselors can provide individual, couples, and family counseling.
- MFLC counselors provide direct intervention to children, families, teachers and caregivers.
- Services can be provided on or off of military installations.
- Services are confidential and private.



MFLC Counselors are:

- licensed Masters and Ph.D. level counselors.
- successful in completing background checks.
- maintain service and family member confidentiality and privacy.
- trained in short term counseling.



The MFLC Program:

- is voluntary and available at no cost to service and family members.
- must receive parental consent before counseling a child.
- stipulates when counselors interact with children that counselors must maintain line of sight with a parent, teacher, or caregiver.



HOW TO FIND US

Fort Eustis MFLC's:

Dawn Riely, 7th Brigade: 757-570-3540 (Office at 7TBX, Bldg. 857A, Suite 212) Tamala Downum, 128th AVN BDE: 314-913-8814 Robert Bradley, 757-755-5512 (Office at ACS) Michael Pettinelli, 757-755-5509 (Office at ACS)

School Based MFLC's:

Alison Sigler, 757-755-5500 (General Stanford Elementary) Julia Canestrari, 757-755-5500 (General Stanford Elementary) Whitney Lawson, 757-506-9314 (Mary Passage Middle School)

Fort Eustis Child Development Centers:

Tania Stolfa, 757-636-6495 (Madison CDC) Heather Coddington, 757-807-3074 (Pershing CDC)









Better Opportunities for Single Soldiers

CSM Jared Matthews 733d Mission Support Group Command Sergeant Major

> SGT Williams, John Fort Eustis BOSS POC John.t.williams465.mil@army.mil







WHAT?

WHO?

Mission: To enhance the well-being and readiness of single Soldiers by providing opportunities to resolve issues concerning quality of life, volunteer in local communities, and assist in planning and execution of recreational activities.

WHEN?

Meetings, Briefs, Events

WHERE? Location: Fort Eustis MWR Rec Center – 671 Lee Blvd.









QUALITY OF LIFE





COMMUNITY SERVICE

THE THREE PILLARS OF BOSS



MILITARY EQUAL OPPORTUNITY BRIEF

TRADOC Command Diversity Office



The Army Military Equal Opportunity Program AR 600-20

UPDATES COMING IN 2023

- Ensure fair treatment for all Soldiers based solely on merit, performance, and potential in support of readiness.
- Create and sustain effective units by eliminating discriminatory behaviors or practices that undermine teamwork, mutual respect, loyalty, and shared sacrifice of the men and women of America's Army.
- Provide an environment free from unlawful discrimination and offensive behavior.
- Applies on or off post, during duty and non-duty hours.
- Applies to working, living, and recreational environments.



Military Equal Opportunity Complaints



Protected Categories

- Race
- Color
- Sex (including gender identity)
- Religion
- National Origin
- Sexual Orientation
- Harassment
 - Bullying
 - Hazing

Types of Complaints

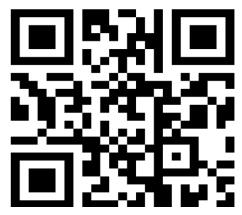
- Anonymous
- Informal
- Formal

Alternative Reporting Agencies

- Chain of Command
- Inspector General
- Chaplain
- Provost Marshal
- Medical agency personnel
- Staff judge advocate
- Community Housing Referral



MEO and Harassment 24/7 Hotline (757) 897-6657





7th Trans



SFC GUERRERO
Office: 757-878-4436
anna.l.guerrero.mil@army.mil

128th Avn



SFC BASTIAN
Office: 757-878-7985
aaron.h.bastian.mil@army.mil

93rd Sig



SFC MURRAY
Office: 757-878-9106
robert.f.murray.mil@army.mil

SGM HAMBLIN

Office: 757-501-5401

justin.d.hamblin.mil@army.mil

MSG DUENAS

Office: (757) 501-5682

maria.m.duenas.mil@army.mil

SFC KERR

Office: 757-501-9942

william.d.kerr.mil@army.mil

SFC OBERNDORF

Office: (757) 501-6037

eric.s.oberndorf.mil@army.mil

LOYALTY + DUTY + RESPECT + SELFLESS SERVICE HONOR + INTEGRITY + PERSONAL COURAGE



Newcomer Sexual Harassment/ Assault Response & Prevention Program (SHARP) Orientation





Senior Army Element Commander (SAEC) SHARP Policy:

Senior Army Element Commander (SAEC) SHARP Policy:

- As the SAEC, I am fully committed to the SHARP Program and ensuring we foster an environment of prevention where sexual harassment and sexual assault (SH/SA) are not tolerated
- Prevention of SH/SA is everyone's responsibility. That responsibility begins
 with every Soldier, civilian employee, and Family member treating one another
 with dignity and respect
- I expect leaders and supervisors at all levels to maintain an environment of good order and discipline designed to prevent SH/SA
- Commanders at all levels are responsible for establishing a climate of trust, teamwork, and cohesion, and for leading their SHARP Program.





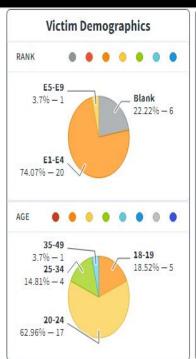
Victim/Subject Trends (FY23)

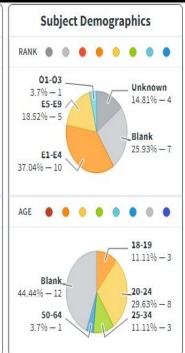


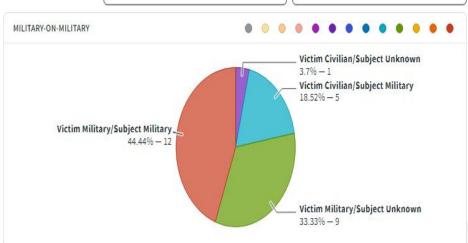
NUMBER OF SEXUAL ASSAULTS

18

BLUF: Nothing unusual for the Victim/Subject Demographics.
These are in line with the Army demographics for victim and subject.



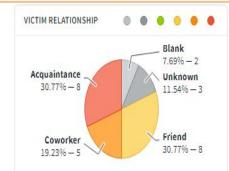




BLUF: Most of the victims are Military with most not identifying the subject.



 $\textbf{BLUF:} \ \ Unknown-on-Female Incidents is the highest type of sexual assaults. 50\% of the victims identify the subject as Friends.$

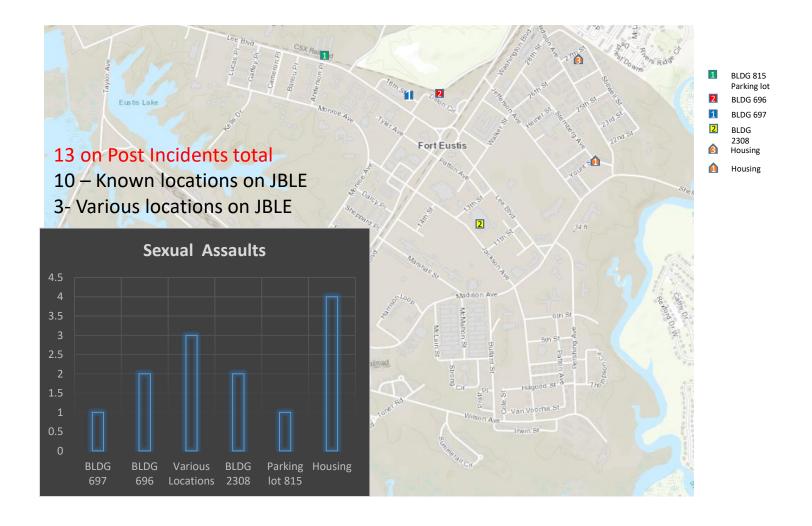


DATA Source: DSAID/ As of Date: 22 JUNE 2023



FORT EUSTIS SEXUAL ASSAULT INVESTIGATIONS









Installation/Unit Prevention & Bystander Efforts

PREVENTION

A TEAM EFFORT THAT STARTS WITH YOU!

Everyone plays an important role in prevention at every level within our units, organizations, and communities.

POSTICOMMUNITY

SAFETY
AND SECURITY
ORGANIZATIONAL SUPPORT AND SERVICES

UNITIONGANIZATION

POSITIVE COMMAND COMMAND COMMAND COMMAND COMMAND COMMAND CHMATE SPONSORSHIP SQUAD

BATTLE BUDDY AMILY. AND FRIENDS SQUAD

MUTUAL SUPPORT

INDIVIDUAL

LIVE ARMY VALUES INTERVENE CIVILIAN CREED

Be a change agent by living the Army Values, intervening early

and often, and embodying the military and Civilian Creeds.

- What the installation is doing to teach Soldiers and Army Civilians about prevention of Sexual Harassment (SH) and Sexual Assault (SA)
 - We are focusing our effort on Healthy Relationship, Responsible drinking, Peer to Peer intervention, Dating expectations, and a robust sponsorship program
- Various ways to be an active participant in preventing SH and SA
 - Prevention is a team effort; by living the Army values and intervening, you can influence peers, friends, family, your unit, and the installation
 - Be proactive in your daily life; treat everyone with respect, safeguard each other, communicate your boundaries
- Simple ways to intervene
 - If you see something happening that doesn't seem right, you can address the situation yourself, you can distract the individual(s), or you can ask someone else to intervene for you
 - Take responsibility and do something; you might be preventing something worse from occurring





Sexual Harassment Reporting Options Overview

Civilians

- Available to Army Civilians and some contractors (OCONUS)
- Sexual Harassment Complaints are directed to the EEO office

Military

- Available to all Soldiers and Family members over 18
- Options to report are Anonymous, Informal, and Formal
 - Anonymous Unidentified complaint to Commander or SHARP personnel
 - Informal Not subject to timelines, Commander initiates investigation, and should be resolved within 14 calendar days of receipt of complaint, no DA Form 7746 required
 - Formal BDE SARC and complainant fill out DA Form 7746, BDE Commander is notified immediately, requires reprisal plans, subject to timelines, requires documentation on actions taken to resolve situation







Sexual Assault Reporting Options Overview

Restricted Report

- Allows victim to confidentially disclose the assault to certain individuals (SARC, VA, or health-care personnel), receive medical treatment, and counseling, without triggering an official investigation
- Limitations include: the offender not being held accountable, victim cannot receive a protective order, and victim is not eligible for expedited transfer or reassignment
- Can be changed to an unrestricted report at any time

Unrestricted Report

- Triggers an official investigation, command notification, and allows a person to access health-care treatment, counseling, and advocacy services
- Limitations include: more people knowing about the assault and potentially requiring further discussion regarding personal matters in detail
- Cannot be changed to a restricted report









JBLE SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION PROGRAM









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On-post and Off-post Agencies

• CID: 757-878-4811

Family Advocacy: 757-314-7998

Special Victims Council: 804-372-7382

DoD Safe Helpline: 1-877-995-5247 or <u>www.safehelpline.org</u>

• Military Police: 757-878-4555

• FT Eustis EEO: 757-878-4797

Special Victim Liaison: 757-878-1245

• The Center for Sexual Assault Survivors, NN, VA: 757-236-5260







Questions / Comments



JBLE Fort Eustis 24 Hour SHARP Hotline: (757) 268-8967
SHARP Installation Address: Building 705
705 Washington Blvd
Rm 240







Spouses' Club of Fort Eustis

P.O. BOX 4711 Fort Eustis, VA 23604



Email: scfepublicity@gmail.com

Website: www.scfeva.com

Facebook: @scfevirginia

Instagram: @SCFEVA



Spouses' Club of Fort Eustis

Whistle Stop Thrift Store

671 Lee Blvd., Fort Eustis, VA FB: @WhistleStopThriftStore 757-878-0190

• Tue, Thur, Fri: 1000-1400 hrs

• First Sat of the Month: 0900-1100 hrs



ODYD-Operation Deploy Your Dress

215 Calhoun Cir., Fort Eustis, VA

Email: Meredith@operationdeployyourdress.org

FB/IG: @FortEustisODYD

- Provides one free ball gowns and one accessory to any military
 ID cardholder.
- Hours vary.









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Every child deserves a bedtime story.





Once again, WELCOME!

If you need assistance, call **Army Community Service** at 757-878-3638