



Fort Eustis

Capital Enterprise Forum

20 February 2024

CEF Slide Deck - [Home - Joint Base Langley-Eustis \(jble-eustismwr.com\)](https://jble-eustismwr.com)

Briefing Slides: pages 1 – 55

Event informational slides & flyers: pages 56 – 104





CAPITAL ENTERPRISE FORUM 2024



The Capital Enterprise Forum is a platform that fosters collaboration and synchronization between mission partners and support agencies.

Its aim is to maximize the impact of events on the installation to benefit Soldiers and their families. This forum provides a unique opportunity for participants to share their ideas, strategies, and best practices for enhancing the quality of life for the military community.

BE PART OF THE DISCUSSION



Making JBLE-Eustis a great place to Work, Live and Play!



Capital Enterprise Forum

WELCOME

20 February 2024





CAPITAL ENTERPRISE FORUM

20 February 2024



Welcome & Announcements

Mr. Peter Lamberti

Opening Remarks

COL Cochiasue

Award & Recognition Ceremony

Presenter

Volunteer of the Quarter

COL Cochiasue

2023 Holiday Card Lane Contest

COL Cochiasue

Organization/Title

Briefer

733 FSS, Community Services Flight

Ms. LeRoyce Bratsveen

733 FSS, Military & Family Readiness Flight

Mr. Peter Lamberti

Mission Partner Discussions



CAPITAL ENTERPRISE FORUM

20 February 2024



Mission Partners

Organization/Agency

Training and Doctrine Command (TRADOC)

Army Futures Command (AFC)

Center for Initial Military Training (CIMT)

Joint Task Force Civil Support (JTF-CS)

U.S. Army Installation Management Command (IMCOM)

Army Support Activity (ASA)

7th Transportation Brigade (Exp)

597th Transportation Brigade

93rd Signal Brigade

128th Aviation Brigade



CAPITAL ENTERPRISE FORUM

20 February 2024



Mission Partners

Organization/Agency

Non-Commissioned Officer Academy (NCOA)

Technology Development Directorate Aviation (TDDA)

Army Training Support Center (ATSC)

Dental Command (DENTAC)

McDonald Army Health Center (MCAHC)

Joint Deployment Training Center (JDTC)

Maritime Intermodal Training Division (MITD)

Network Enterprise Center (NEC)

633 Air Base Wing Public Affairs (633 ABW/PA)

633 Air Base Wing Emergency Management (633 ABW/EM)



CAPITAL ENTERPRISE FORUM

20 February 2024



Mission Partners

Organization/Agency

633 ABW/Safety

Defense Commissary Agency (DeCA)

Army & Air Force Exchange Service (AAFES)

United Services Organization (USO)

American Red Cross (ARC)

Regimental Memorial Chapel

733d Security Forces Squadron

733d Civil Engineering Squadron

733d Force Support Squadron



CAPITAL ENTERPRISE FORUM

20 February 2024

Mission Partners



Organization/Agency

733d Logistics Readiness Squadron

733d Mission Support Group Resource Advisor

Closing Remarks

COL Cochiasue

Making JBLE–Eustis a great place to Work, Live and Play!



Army Community Service



Peter Lamberti
Flight Chief, Military & Family Readiness



[Army Community Services \(ACS\) - Joint Base Langley-Eustis \(jble-eustismwr.com\)](http://jble-eustismwr.com)

650 Monroe Ave
757.878.3638

Making JBLE-Eustis a great place to Work, Live and Play!





Volunteer of the Quarter October – December 2023



SFC Michael Burrows	Bravo Company, 1-210 th Aviation Regiment
SSG Nicolas Childers	Charlie Company, 1-210 th Aviation Regiment
SSG Amanda Dresel	Delta Company, 1-222 nd Aviation Regiment
SSG Derek Edmonds	Non-Commissioned Officer Academy
MSG Ricardo Serrano	733d Mission Support Group
Paige Price	General Stanford PTA



25th Annual Holiday Card Lane Contest

Participants



Brian Ridgway
SSG Kotey
Kathy McCray
SGT Byrd
SSG Chanchompoo
Angie McLaughlin
Jennifer Watts
Rachelle Gomez
AJ Barnett
SSG Borja
SSG Gotfried Jr.
SFC Latario
1SG Rogers & CPT Dix

597th Trans BDE
CIMT
MCAHC
Public Health Activity
C Co 1-210th AVN RGMT
STB
BSA Troop 45
EMS
South Atlantic RNEC
1-210th AVN RGMT
HHC, 128th AVN BDE
Fort Eustis Vet Clinic
HHC, 7th TBX



25th Annual Holiday Card Lane Contest

597th Transportation BDE





25th Annual Holiday Card Lane Contest CIMT





25th Annual Holiday Card Lane Contest MEDDAC





25th Annual Holiday Card Lane Contest Public Health Activity





25th Annual Holiday Card Lane Contest

C Co 1-210th AVN RGMT





25th Annual Holiday Card Lane Contest Special Troop Battalion





25th Annual Holiday Card Lane Contest

Boy Scouts of America Troop 45





25th Annual Holiday Card Lane Contest Fort Eustis EMS





25th Annual Holiday Card Lane Contest South Atlantic RNEC





25th Annual Holiday Card Lane Contest 1-210 AVN RGMT





25th Annual Holiday Card Lane Contest

HHC, 128th AVN BDE



Silver Celebration
Twenty-Five Years
of Holiday Memories

LOVE XOXOXOX
- BRUCE

DADY IS MY
BEST-FREN - KIW
TIMES

John Good!

HAPPY
AND

It's been
that long
see you
- GORTHA
12/27

friends!
- BRUCE

HHC 128th AB



25th Annual Holiday Card Lane Contest Fort Eustis Vet Clinic





25th Annual Holiday Card Lane Contest

7th TBX





25th Annual Holiday Card Lane Contest

D Co 1-222nd AVN RGMT





25th Annual Holiday Card Lane Contest JTF-CS





25th Annual Holiday Card Lane Contest Fort Eustis Fire Department





25th Annual Holiday Card Lane Contest

7th TBX





25th Annual Holiday Card Lane Contest



And the Winners are.....



25th Annual Holiday Card Lane Contest



3rd Place

C Co 1-210th AVN Rgmt

\$75 Gift Card





25th Annual Holiday Card Lane Contest



2nd Place SSG Borja 1-210th AVN Rgmt \$125 Gift Card





25th Annual Holiday Card Lane Contest



1st Place Winner - \$250 Gift Card and the
Holiday Card Lane Travelling Trophy

Rachelle Gomez

Emergency Management Services





Community Services Flight



LeRoyce Bratsveen
Director
Community Activities & Special Events
733d Force Support Squadron

671 Lee Boulevard
757.878.2067

<https://jble-eustismwr.com/>





733d Community Flight

www.jble-eustismwr.com



Activities & Fun Around the Community



Get Ready to Laugh out Loud!

Fr Fridays • Feb 9 • Mar 22 • Apr 26
8:00pm - 11:00pm
Doors Open 7:00pm

The Fort Eustis Club

\$20 Per Ticket
To purchase your ticket, call (757) 878-5700
Bar & light refreshments available
18 & up only
**dates are subject to change*

JBLE-EustisMWR.com
**Open to all with base access*

The Fort Eustis Club: 2123 Pershing Ave, Fort Eustis, VA 23604
Tue-Fri 9:00am-5:00pm
(757) 878-5700



SUPERHERO 5K

FRIDAY, FEBRUARY 23RD
START TIME 6:30AM
THE CLUB PARKING LOT

FREE EVENT

JBLE-EustisMWR.com
Anderson Field House
643 Dickman St, Fort Eustis, VA 23604
(757) 878-2328
**Open to all with base access*
Mon-Fri 5:30am-8:30pm • Sat-Sun 8:30am-4:00pm



PUP RUN 5K

Bring your pup to run or walk!

FRIDAY, APRIL 26 • 6:30AM
The Club Parking Lot, 2124 Pershing Ave
FREE! No registration required!

JBLE-EustisMWR.com
Anderson Field House
643 Dickman St, Fort Eustis, VA 23604
(757) 878-2328
**Open to all with base access*
Mon-Fri 5:30am-8:30pm • Sat-Sun 8:30am-4:00pm



GARY SINISE
FOUNDATION
SERVING
HEROES



Free Community Dinner

FOR OUR NATIONS HEROES



*We invite all Fort Eustis Military, Veterans,
First Responders & their Families*

Wednesday, February 21
6:00pm-8:00pm (NEW TIME)
Community Recreation Center



Free meals catered by
Outback Steakhouse

While supplies last

*Subject to change. No federal endorsement intended.



JBLE-EustisMWR.com

*Open to all with base access

Community Recreation Center: 671 Victory Blvd, Fort Eustis, VA 23604

Wed-Sun 11:00am-7:00pm • (757) 878-3717

communityrecenter@gmail.com



FORT★EUSTIS 10K RUN RUCK



FORT EUSTIS
FITNESS CENTERS

Saturday, March 9
Ruck Time: 8:15 AM
Run Time: 8:30 AM
Anderson Field House

Registration Required (online at [Eventbrite.com](https://www.eventbrite.com)
or in-person at the Fitness Centers)



Register Here!



JBLE-EustisMWR.com

*Open to all with base access

Anderson Field House
643 Dickman St, Fort Eustis, VA 23604
(757) 878-2328

Mon-Fri 5:30am-8:30pm • Sat-Sun 8:30am-4:00pm



733d Community Flight

www.jble-eustismwr.com



Activities & Fun for Everyone! @ the Rec Center

Nail Night

Wednesday, February 28 • 6:00pm-8:00pm

Pick your favorite colors and treat yourselves to a night full of pampering and fun!

Registration Required*

*Register in person, by phone, or by email.

JBLE-EustisMWR.com
*Open to all with base access

Community Recreation Center: 671 Victory Blvd, Fort Eustis, VA 23604
Wed-Sun 11:00am-7:00pm • (757) 878-3717
communityrecenter@gmail.com

Paint & Sip

Enjoy a night of painting and sipping with friends or family then take your beautiful artwork home!

**Thursday, February 29
6:00pm-8:00pm**

Registration is required*
In person, by phone, or email.

**For Adults 21+ Only*

JBLE-EustisMWR.com
*Open to all with base access

Community Recreation Center: 671 Victory Blvd, Fort Eustis, VA 23604
Wed-Sun 11:00am-7:00pm • (757) 878-3717
communityrecenter@gmail.com



733d Community Flight

www.jble-eustismwr.com



Fun Times @ Fort Eustis Bowling Center!

LUNCH & BOWL

Tuesday - Friday
11:00am-1:00pm

Spend your lunch having fun while you eat!
\$2 Per Person/Per Game
\$2.75 Shoe Rental



FAMILY Night BOWLING

Every Tuesday & Thursday
4:00pm-8:00pm

Bring the family for an evening of fun!
\$15 Per Family of 4 for 1 hour

Plus \$2.75 for shoe rental.

Additional family members for \$5 per person.

Want to keep the fun going? Purchase another hour for \$15.



Bowling Center
675 Dickman St, Fort Eustis, VA 23604 • (757) 878-5482
Tue-Thu 11:00am-9:00pm • Fri 11:00am-11:00pm
Sat: 12:00pm-11:00pm • Sun: 1:00pm-7:00pm



JBLE-EustisMWR.com

*Open to all with base access

Bowling Center
675 Dickman St, Fort Eustis, VA 23604 • (757) 878-5482
Tue-Thu 11:00am-9:00pm • Fri 11:00am-11:00pm



733d Community Flight

www.jble-eustismwr.com



Bunny Splash

Saturday, March 23
2:00pm - 4:00pm

Come join us along with the Easter Bunny!
Enjoy entertainment, free concessions, and games.

*Reservations and Daily Entry Fee are required.



JBLE-EustisMWR.com/AQC

*Open to all with base access

JBLE Aquatics Center
641 Tyler Ave, Fort Eustis, VA 23604 • (757) 878-1090
Adventure Pool: Sat-Sun 12:00pm-5:00pm
Outdoor Pool: Thu-Fri 1:00pm-6:00pm • Sat-Sun 11:00am-6:00pm

*Splash into winter
At the Aquatic Center*

SPRING Fling

Mon, April 1 - Fri, April 5
from 12:00pm-4:00pm

The Aquatic Center
Adventure Pool will be open
for Spring Break!

Resevation and daily entry fee are required.



JBLE-EustisMWR.com/AQC

*Open to all with base access

JBLE Aquatics Center
641 Tyler Ave, Fort Eustis, VA 23604 • (757) 878-1090
Lap Pool: Mon-Fri 5:00am-2:00pm
Adventure Pool: Sat-Sun 12:00pm-5:00pm





733d Community Flight

www.jble-eustismwr.com



Kickstart some outdoor fun with Outdoor Recreation Specials!

APRIL SPECIALS FORT EUSTIS OUTDOOR RECREATION

Receive 10% off Equipment Rentals (total purchase)

Receive 10% off Cabin Rentals Monday-Thursday (2 day minimum stay)

10% OFF!
On all party & outdoor equipment

RENT TODAY!

Adventure Awaits!
For more info, please call our office. Valid only for April 2024 rentals.




 **JBLE-EustisMWR.com**
*Open to all with base access

Outdoor Recreation: 828 Kells Drive, Fort Eustis, VA 23604
Mon-Fri 8:00am-4:00pm • (757) 878-2610

Book through May 10-12 & 17-20
Stay 2 nights get 3rd night 1/2 off!


Book any cabin through June & receive a **FREE Canoe/Kayak Rental**

RENT TODAY!

Adventure Awaits!
For more info, please call our office. Valid only through May & June 2024.

MAY & JUNE CABIN RENTALS SPECIALS
FORT EUSTIS OUTDOOR RECREATION



 **JBLE-EustisMWR.com**
*Open to all with base access

Outdoor Recreation: 828 Kells Drive, Fort Eustis, VA 23604
Mon-Fri 8:00am-4:00pm • (757) 878-2610
(Apr-Oct) Mon-Fri 8:00am-5:00pm



733d Community Flight

www.jble-eustismwr.com



GOLF *Calendar* 2024

Scan the QR Code to visit our website!
 *Registration at the Pines Golf Course.
 Download our app: The Pines at Fort Eustis (Android & Apple)

MAR 23	THE PINES "PAR 3" TOURNAMENT Open to both Military and Civilians. Regular Golf Fees apply, plus \$10 cash buy-in morning of registration.
APR to OCT	2024 PINES MEN'S GOLF ASSOCIATION Open to both Military and Civilians. Association fee of \$25, USGA HCP require.
APR 20	SPRING YELLOW BALL TOURNAMENT Kickoff the golfing season for Fort Eustis and the Pines Golf Course. Active Duty and Retirees. Fee: \$20, plus Regular Golf Fees.
MAY 23	REMEMBER THE FALLEN GOLF SCRAMBLE Join us for a casual round of golf to build camaraderie and Remember the Fallen. Open to both Military and Civilians. Fee: \$55 per person (includes lunch)
JUN 14	ARMY BIRTHDAY GOLF SCRAMBLE Celebrate the U.S. Army 249th Birthday with us! Open to both Military and Civilians. Fee: \$45 (Covers golf and range)
JUL 13	SUMMER TRIFECTA Celebrate the U.S. Army 249th Birthday with us! Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
AUG 17	2-PERSON MODIFIED ALTERNATE SHOT Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
AUG 1 to SEP 15	FORT EUSTIS MATCH PLAY TOURNAMENT Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
SEP 21	4-PERSON SHAMBLE Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
OCT 19	FALL YELLOW BALL TOURNAMENT Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
NOV 23	PAR 3 TURKEY SHOOT Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.
DEC 14	CHRISTMAS TRIFECTA Open to both Military and Civilians. Fee: Regular Golf Fee, plus \$20 buy-in morning of registration.



Hit the Fairways of
 Fort Eustis with
 these upcoming
 Golf Tournaments
 @
 The Pines
 Golf Course



JBLE-EustisMWR.com

The Pines Golf Course
 Every Day 8:00AM-5:00PM
 3815 Mulberry Island Rd, Fort Eustis • 757 878-2252



633d Force Support Squadron JBLE-Langley Fitness Centers



DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

LANGLEY AFB 2024

Race Around The Base

USAA®

FIRST COMMAND®

NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED.

SATURDAY, FEBRUARY 24 | 9AM

\$40 REGISTRATION

10mi

5K

\$25 REGISTRATION

**GET INFO &
REGISTER HERE**

Visit www.jbleforcesupport.com for more information

www.jbleforcesupport.com

jblemarketing.orgbox@gmail.com





633d Force Support Squadron JBLE-Langley Community Programs



FRI FEB 23
COMMUNITY PROGRAMS
PRESENTS
7-11 PM
AGES 18+

Riverview Event Center
KARAOKE
Backriver Lounge

FREE

FMI CALL: 757.764.2983

BEHIND THE UNIFORM

A NEW JBLE PERFORMING ARTS GROUP

ARE YOU INTERESTED IN PERFORMING ARTS?

Discover and share your talents in the JBLE Performing Arts Group - Behind the Uniform. Open to Active Duty Military and families, meetings and performances at RiverviewEvent Center offer a unique performing arts experience.

For more information call Community Programs at: 757.764.2983

SCAN QR CODE TO SIGN UP!

www.jbleforcesupport.com
jblemarketing.orgbox@gmail.com





633d Force Support Squadron Become a JBLE Community Member!



JOINT-BASE LANGLEY EUSTIS COMMUNITY MEMBERSHIP

**MORE BENEFITS...
MORE SAVINGS...
MORE FUN!**



Scan the QR code
to become a JBLE
Community Member!

SAVE AT 10+ FSS & MWR LOCATIONS!

*Eaglewood Golf Course
Langley Lanes Bowling Center
Fort Eustis Bowling Center
Riverview Event Center
The Bistro at REC
Langley Outdoor Recreation
Fort Eustis Outdoor Recreation
Langley Auto Skills
Fort Eustis Auto Craft Center*

MONTHLY MEMBERSHIP DUES

*Officers & Civilian Equivalent | \$20 per month
Enlisted & Civilian Equivalent | \$10 per month*



www.jbleforcesupport.com | www.jble-eustismwr.com



www.jbleforcesupport.com
jblemarketing.orgbox@gmail.com





Questions?



Army Community Service



Peter Lamberti
Flight Chief, Military & Family Readiness



[Army Community Services \(ACS\) - Joint Base Langley-Eustis \(jble-eustismwr.com\)](http://jble-eustismwr.com)

650 Monroe Ave
757.878.3638

Making JBLE-Eustis a great place to Work, Live and Play!





ARMY COMMUNITY SERVICE



- ACS Cooking Classes
 - Love is in the Air 365+ Create a Romantic Meal, 28 Feb, 1730 – 1900
 - Sweet Potato Explosion w/pecans & mushrooms, 27 Mar, 1730 – 1900
- Uniquely Eustis Spouses Orientation
 - 29 Feb, 28 Mar, 25 Apr, 30 May 0900 – 1230, ACS
- Exiting the Barracks (for Soldiers moving out of the barracks)
 - 19 Mar, 8 Apr, 7 May, 22 May 0900 – 1000
- Military Spouse Appreciation Day Celebration: “Aloha Night”
 - 9 May, 1700 – 2000, Solider Support Center, 650 Monroe Ave
- Registration is required for all classes, call 757.878.3638 or Email 733MSG.FSG.EustisACS@us.af.mil
- FMI: call 757.878-3638, visit the resource table, website Event page <https://jble-eustismwr.com/army-community-services-accs/>, or ACS Facebook/Instagram pages @Forteustisacs



Volunteer of the Year January - December 2023



Volunteer Recognition and Awards Ceremony 17 April 2024 – 1330-1530 at the Fort Eustis Club

- Installation Volunteer Advisory Meeting – 7 March (OPOC)
- Volunteer of the Year/Commanders Gold packages due by 11 March
- Volunteer List/Spreadsheet is due by 15 March (OPOC)



Volunteer of the Year January - December 2023



Awards for Recognition

Youth Volunteer of the Year

Volunteer Family of the Year

Service Member Volunteer of the Year

Single Soldier Volunteer of the Year

Retiree Volunteer of the Year

Civilian Volunteer of the Year

Community Link Volunteer of the Year

Family Member Volunteer of the Year

David E. Minor Volunteer of the Year

Commander's Gold Award for Community Service

POC: Sharon Rector – sharon.rector.1@us.af.mil

SHINING A LIGHT ON OUR VOLUNTEERS



Annual Volunteer Recognition and Awards Ceremony

17 April 2024 – 1330-1530

Fort Eustis Club

Open to All DoD ID Card Holders





ARMED SERVICES YMCA



OPERATION BLESSING



PATRIOT'S PANTRY

Monthly Mobile Food Distribution
HELD EVERY THIRD THURSDAY

Sign Up Today!



FT EUSTIS

1200-1300

ACS Parking Lot
650 Monroe Ave,
Ft Eustis, VA, 23604



LANGLEY

1500-1630

F-15 Parking Lot
next to Bldg 330 (LRS)
23 Sweeney Blvd,
Hampton, VA, 23665

For E-7 and below active-duty families



You will receive one box of food items per family.

For more information head to:
hamptonroads.asymca.org/services/food-assistance/
757-363-1884





Questions?



Capital Enterprise Forum



Mission Partners Discussions





Capital Enterprise Forum



Closing Remarks

COL Frankie Cochiasue
Commander

733d Mission Support Group





BE PART OF THE DISCUSSION



CAPITAL ENTERPRISE FORUM 2024

The Capital Enterprise Forum is a platform that fosters collaboration and synchronization between mission partners and support agencies. Its aim is to maximize the impact of events on the installation to benefit Soldiers and their families. This forum provides a unique opportunity for participants to share their ideas, strategies, and best practices for enhancing the quality of life for the military community.



20 Feb, 21 May
13 Aug, 12 Nov



1030 - 1130

Fort Eustis Club
2123 Pershing Avenue
Main Ballroom

For More Information



733MSG.FSG.EustisACS@us.af.mil



DISCUSSIONS
PROJECTS
COMMUNITY
VALUE
RECOGNITION

JBLE-EUSTIS

SOLDIERS
CIVILIANS
FAMILY MEMBERS



The CEF will be held quarterly.

The next CEF is 21 May, 1030-1130, Fort Eustis Club.

Making JBLE – Eustis a great place to Work, Live and Play!



Information, Event, & Resource Flyers





February is Children's Dental Health Month: *"Healthy Habits for Healthy Smiles"*

- 3-9 March 2024 - Dental Assistant Appreciation Week
- 10-16 March 2024 - Patient Safety Week
- Failed Appointment/No-Shows



McDonald Army Health Center



LTC Demarcio Reed
Commander/Director
McDonald Army Health Center

Bldg. 576 Jefferson Avenue
757.314.7501
<https://mcdonald.tricare.mil/>





McDonald Army Health Center



Understanding the Referral Process

- Beneficiaries should start with your Primary Care Manager (PCM) to obtain a referral to see a specialist.
- After one business day, beneficiaries may receive an automated call notifying that a referral has been appointed to the Military Treatment Facility (MTF) or sent to the Managed Care Support Contractor (Humana Military) to find a civilian network provider.
- Contact the Hampton Roads Appointment Center (HRAC) at 1-866-645-4584 to schedule your appointment if your care was accepted at the MTF.
- If your referral was sent to Humana Military, they will generate your preauthorization within 3-5 business days. You will be notified based on your chosen notification method (e.g., text, email) or you can contact Humana at 1-800-444-5445 for preauthorization information.
- Sign up for a Humana account at <https://www.humanamilitary.com> under the "Beneficiary" tab to view your pre-authorizations. The pre-authorizations will contain a phone number to schedule your appointment with the network specialist.
- For more information on referrals, visit the McDonald Army Health Center web page at <https://mcdonald.tricare.mil>. Under "Getting Care," click on "Appointments and Referrals."

****Remember to obtain a referral from your PCM to avoid out-of-pocket expenses.****



McDonald Army Health Center



Patient Administration Division (PAD) Services:

What we do in PAD:

- Record Duplication, Registration, and Custodian of Medical Records.
- Providing a complete copies of medical records for VA benefits and life insurance.

Medical Records for Service Members Retiring and Separating:

- Request Submission: Service members who are retiring should submit a request for copies of their medical records at least 120 days prior to their date of retirement or separation.
- Subsequent Visits: After retirement or separation, service members can conveniently download their medical records from the patient portal for any subsequent visits.
- VA Appointments: Service members should request records 90 days prior to any VA appointment.

Additional Services:

- Processing Line of Duty's for all Service Members across the installation.
- Assisting TRICARE Prime members seeking care outside of the Tidewater area.

TRICARE Specialty Care Travel:

- Eligibility for TRICARE Prime members requiring non-emergency specialty care located more than 100 miles from their PCM's office.
- Travel allowances determined by the military treatment facility or Lead Agent.



Department of Public Health



Colon Cancer Awareness Events in March:

- 3-point contest, 1 Mar @ 0630, Anderson Fieldhouse
RSVP: yvonne.stevens.de@us.af.mil
- Inflatable Walk-through Colon, 21 Mar 1000-1400, Exchange

National Public Health Awareness in April:

- 3 on 3 basketball, 12 Apr @ 0630, Anderson Fieldhouse
RSVP: yvonne.stevens.de@us.af.mil
- Holistic Health and Wellness Fair, 26 Apr 1000-1400, Exchange

Mental Health Awareness Events in May:

- Dodgeball, 3 May @ 0630, Anderson Fieldhouse
RSVP: yvonne.stevens.de@us.af.mil



Army Community Service



US Army Training Support Center

B1900 Jackson Avenue
757.878.3638

<https://www.facebook.com/ATSCJBLE>





Blood Drive – 9-10 April



- Armed Services Blood Program and US Army Training Support Center will hold a blood drive on 9-10 April 0830-1230
- Location of the blood drive is B1737 Annex (at the corner of 5th and Patton)
- To register for the drive go to: www.militarydonor.com
- For eligibility or FAQs go to: www.health.mil/militaryblood
- Walk ins will be accepted until 1230
- For additional Mission(s) information: ralph.k.peters.civ@health.mil



Briefer Rules of Engagement



Streamline pertinent information IAW the following:

- Community events within the next **90** days that may gain interest to the entire community
- Current unit / tenant initiatives, programs, activities, and facilities information that will increase installation awareness
- **The Commander's intent is to keep the Community Events Council to an hour.**
With that in mind, here are the rules of engagement that will help meet his intent:

- Slide content should be new and relevant information for the JBLE-Eustis community (not continuous ongoing programs)
- Slides must be submitted using the PowerPoint template (attachment)
- Each briefer has 4 minutes to brief (Exceptions per leadership guidance)
- Slide content should cover **three** months of information
- Smallest Font size is 18**
- No animation or sound effects on slides
- Add the agency's contact information, website or social media link to your header slide (Bottom left, Arial font, size 20); footer design only on header slide**

ARMY FAMILY ACTION PLAN



AFAP is a process that invites members of the Total Army to be **agents of change** by **establishing** and improving programs and services, **developing** and changing polices and regulations, **creating** legislative amending laws.

SUBMIT A QUALITY OF LIFE ISSUE



CONTACT ACS AT
757-878-3638 FOR MORE
INFORMATION



Fort Eustis Visitor Access

Fort Eustis Visitor Control Center (VCC)

Hours: 0730 – 1530, Open Monday – Friday (excluding federal holidays)

Phone Numbers: (757) 878-1878 / 1879



Escorted Access – Trusted Traveler Program

Fort Eustis Trusted Traveler automatically allows DoD Military Members, Retirees, Civilians and DoD ID Card holding Dependents (age 18 and up) to escort visitors or guests onto the installation without a pass. Escorted individuals must be in the vehicle with their sponsor when passing through installation gates and must remain with their sponsor for the duration of their time on the installation. No Enrollment required. Non-U.S. Citizens are not allowed to be escorted under this program.

Unescorted Visitor Access

Visitor Pass Requests

- Less than 10 guests
- Processing time: 1-2 Days
- Visitor or Sponsor may pick up completed pass at VCC during duty hours
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Non-U.S. Citizens require additional processing steps, allow 15 days from request
- May be processed during VCC non-duty hours at the installation Main Gate search tent area

Entry Authorization List (EAL) Requests

- Used for special events with 10 or more guests
- Processing time: 15 Days
- Completed list will be posted at the installation gate to allow expedited entry
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Non-U.S. Citizens require additional processing steps, allow 15 days from request

Complete Access Request
Form Found Linked Below.
<https://www.jble.af.mil/733dSFS/>



Email completed Visitor Pass / EAL
request to the address below:
733MSG.S5T.VCC@us.af.mil



Allow 15 calendar
days for
processing.



For any questions or concerns
regarding processing call the VCC at
(757) 878-1878

Extended Visitor Access Credential Requests

Military Members and Families may have the ability to request the issuance of a long-term access credential for a vetted individual in-lieu of a pass. Contact the VCC at (757) 878-1878 to see if your request meets the requirements.



Fort Eustis Visitor Access

CHANGES COMING – WHAT YOU NEED TO KNOW!



FORT EUSTIS SUSPENDS TRUSTED TRAVEL EFFECTIVE 1 November 2023

Fort Eustis will suspend trusted traveler at all ACPs. All vehicle occupants over 16 are required to have ID for identity proofing. All vehicle occupants 18 years of age or older must have a DoD issued ID that is able to be scanned by the Defense Biometric Identification System (DBIDS).

- Scannable IDs include:
 - Common Access Cards (CAC) issued to Service Member, DoD Civilians, Contractors, and Dependents
 - Previously issued DBIDS visitor cards remain valid.
- Any vehicle occupant age 18+ that possesses ONLY a State issued REAL-ID, driver's license, US Passport, Foreign Passport with sponsor (after approval from AFOSI) must visit the Visitor Control Center (VCC) to be enrolled into DBIDS and be issued a DBIDS ID card or temporary pass

Fort Eustis Visitor Control Center (VCC)

Hours: 0730 – 1530, Open Monday – Friday (excluding federal holidays)

Phone Numbers: (757) 878-1878 / 1879



Fort Eustis Online Visitor Passes

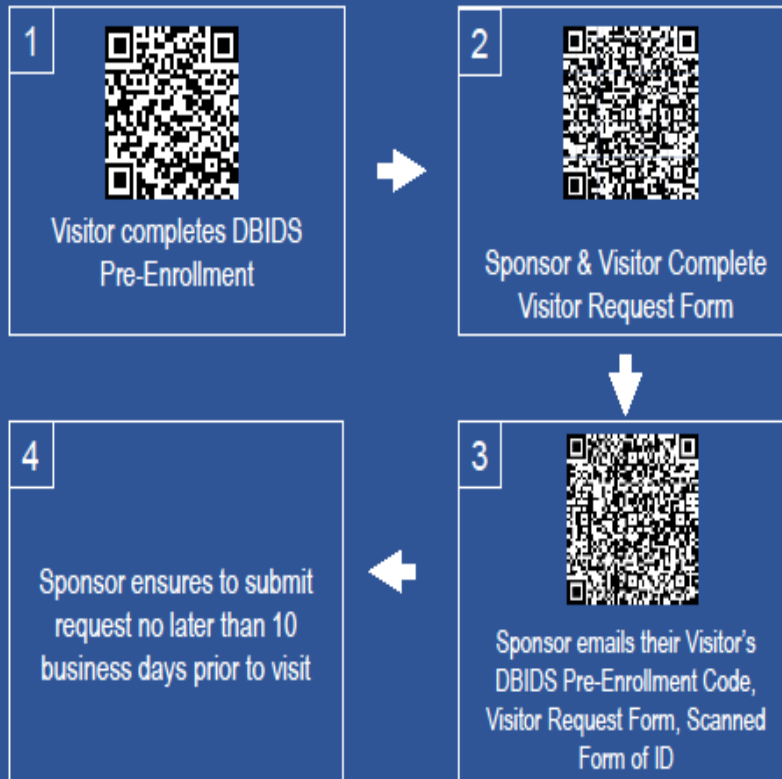
Fort Eustis Visitor Control Center (VCC)

Hours of Operation: 0730 – 1530 Monday – Friday (excluding federal holidays)

Phone Numbers: (757) 878-1878 / 1879



Visitor Pass Process



Requirements Explained

- **Foreign visitors** are not authorized to use online registration and must be processed in-person at the VCC.
- All steps in the process must be completed to obtain a pass.
- Email to VCC (Step 3) must come from the sponsor & must include the following:
 - Sponsor's name and phone number along with inclusive dates of visit
 - Fort Eustis Visitor Access Request Form (from Step 2)
 - Scanned front/back copy of driver's license or RealID card
 - Alpha-numeric code generated by DBIDS pre-enrollment site
- Online visitor passes are completed by VCC staff on an availability basis. If you or your sponsor does not receive the pass before the visit date, you must visit the Fort Eustis Visitor Control Center to obtain a hard-copy visitor pass during VCC hours of operation. The completed & emailed pass can be used with a RealID or driver's license to access the Installation in lieu of a paper copy.
- DBIDS passes using this process will not exceed 30 days.
- For any questions or concerns regarding pass processing, call the VCC at (757) 878-1878 / 1879



Fort Eustis Foreign National Visitor Access

Fort Eustis Visitor Control Center (VCC)

Hours of Operation: 0730 – 1530 Monday – Friday (excluding federal holidays)

Phone Numbers: (757) 878-1878 / 1879



Foreign Visitor Access Information

Fort Eustis policy specifies that all foreign visitors must be escorted by their sponsor at all times while on the installation. In addition, foreign visitors are ineligible for the Fort Eustis "Trusted Traveler" program. Fort Eustis personnel interested in hosting foreign visits must keep in mind a visit should not interfere with a unit's ability to accomplish its mission.

Escorted Foreign Visitor Access

Foreign Visitor Pass Requests

- Less than 10 guests
- Processing time: 10 duty days
- Sponsor and Visitor must be present to pick up completed pass at VCC during duty hours
- May be submitted and processed via email
- Request form must be completely filled out and include a photo of visitor's passport
- VCC may reach out for additional identifying information for your visitor

Entry Authorization List (EAL) Requests

- Used for special events with 10 or more guests
- Processing time: 15 duty days
- Completed list will be posted at the installation gate to allow expedited entry
- May be submitted and processed via email
- VCC may reach out for additional identifying information for your visitor
- Foreign visitor request form must be included with EAL request for non-U.S. citizens

Complete Foreign Visitor
Request Form Linked Below.
<https://www.jble.af.mil/733dSFS/>



Email completed Visitor Pass / EAL
request to the address below:
733MSG.95T.VCC@us.af.mil



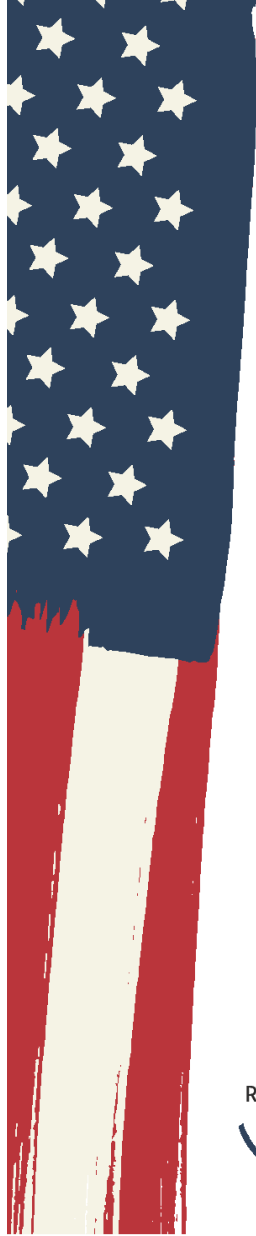
Submit request no
later than 10 - 15
duty days prior to visit



For any questions or concerns
regarding processing call the VCC at
(757) 878-1878

Extended Foreign Visitor Access Requests

Military Members and Families may have the ability to request the issuance of an extended pass for a vetted individual up to one year after the initial pass approval. Contact the VCC at (757) 878-1878 to see if your request meets the requirements.



ATTENTION MILITARY PROFESSIONALS!

Would you like to start the conversation with some of America's best companies? Here is your chance! Network with companies interested in YOU. The 757 Career Summit - Winter Edition on Joint Base Langley-Eustis (LANGLEY)

RED WHITE & BREW NETWORKING MIXER
WEDNESDAY, FEBRUARY 28, 5:30 PM-8:00 PM

THE VANGUARD BREWPUB & DISTILLERY
504 N. KING ST. | HAMPTON, VA 23669

CAREER SUMMIT
THURSDAY, FEBRUARY 29, 10:00 AM - 1:00 PM

CAREER FAIR
THURSDAY, FEBRUARY 29, 2:30 PM— 6:00 PM

EAGLEWOOD GOLF COURSE (JOINT BASE LANGLEY)
630 WEYLAND ROAD | HAMPTON, VA 23665

REGISTER
HERE



INDUSTRY PANELS,
RESUME REVIEWS
& LINKEDIN HEADSHOTS



WIOA is an equal opportunity employer/program funded by a grant awarded by the U. S. Department of Labor's (US DOL) Employment and Training Administration. Auxiliary aids and services are available upon request to individuals with disabilities. VA Relay 711. This event is funded approximately 50% (at ~\$1,000) using WIOA Title I funds with the other 50% by non-governmental sources (via a public/private partnership). This product was created by the recipient and does not necessarily reflect the official position of the US DOL. The Department of Defense and the Service Branches do not endorse any company, school, sponsor or their products or services.



2024 HIRE VETS NOW NETWORKING & HIRING FAIRS

If you are a military spouse, transitioning service member or veteran looking for a career in the civilian sector, join us for the **HIRE VETS NOW** networking and hiring fair on **Fort Eustis!**

- Meet **Virginia employers** dedicated to hiring military talent
- Connect with **SkillBridge** opportunities
- Enjoy a **FREE lunch** in a casual environment

DATES:
 January 24
 March 20
 May 23
 July 17

WHERE:
 The Fort Eustis Club
 2123 Pershing Ave.
 Fort Eustis, VA
 23604

TIME:
 11:30 am - 1:30 pm

MORE INFO & REGISTER:
virginiahvn.com/base/feustis/



HOSTED BY:

VA CHAMBER FOUNDATION



Employers include:

amentum >



Actions Speak Louder™



Smithfield

Good food. Responsibility.





RAPID CHILL CHALLENGE

Scan the QR Code to register



New for 2024!

HOSTED BY THE 597TH TRANSPORTATION BDE



The first 100 to register & complete the challenge will receive the medallion

Join us on the 29th of Feb. at 9:00 a.m. at Training Area 18 on Fort Eustis for a 59.7 second plunge in the James River.

Attire: Swimwear, shoes/sandals, towel

POC: SFC Allen
757-878-3665

SGT FELICIANO
757-878-3211

@597thTransportationBrigade



Housing Services Office

733d Mission Support Group, Civil Engineer Squadron



Bldg 650 room 114
757-878-2977 / 5579

MAKING A DIFFERENCE



Fort Eustis, VA

- *FREE Monthly Home Buying and Selling seminar 20 Feb, 21 Mar, and 18 April 2024*
- *Participation in DoD wide annual Basic Allowance for Housing (BAH) survey of available rental properties in local area*
- **Welcome to Fort Eustis packets: SMs and sponsors can request emails in advance for local housing options, FEVA maps, rental listings etc.**
 - **Housing Referral (on and off post)**
 - **Landlord-Tenant Issue Resolution**
 - ***Rental Partnership Program* *50+ off post rental partners***
 - **Next duty station Housing assistance**



UNACCOMPANIED PERSONNEL HOUSING (UPH)

733d Mission Support Group, Civil Engineer Squadron



(Permanent Party Barracks)

Bldg 650 room 113

757-878-5858



Coming soon:

- ***Welcome video for newcomers (Housing and UPH) produced by Enterprise Multimedia Center***
- **In Processing/Permanent Room Assignments**
Unit Integrity by Bldgs 600 block, 807 NCOs
- **UPH Staff /Barracks Manager(SGT) and Dedicated Maintenance Technicians are assigned to each building**
- **Processing Exceptions to Policy (ETP)*****
*** Marriage, Pregnancy, Custody, Caregiver...
Will attend 1 hour "Exiting the Barracks" session in Bldg 650



**American
Red Cross**

Animal Visitation

Would your team like to hang out with one of our therapy dogs? Email us to request a visit!



Sarah Houck - American Red Cross Regional Program Manager
Sarah.houck3@redcross.org



American Red Cross
Animal Visitation Team Request

Thank you for your interest in the American Red Cross Animal Visitation Program. Please complete the request form below. Reach out to the program lead listed below with questions.

Date of the Request	
Event Name/type	
Date	
Time Teams are <u>desired</u>	
Location/Address	
Est attendance	
Event POC	
Event POC contact information	
Helpful information Ex: indoor/outdoor, children present, etc.	

Email request to American Red Cross Animal Visitation Program Lead

NAME **Sarah Houck**
EMAIL/PHONE sarah.houck3@redcross.org // 757-755-0247

For Red Cross use:

Date rec'd:

Contact made with POC:

Teams assigned:

Notes:



American
Red Cross



**Would you like a mental health
break for your team?
Request a yoga class!**

Join one of the volunteer led, regularly scheduled
classes at Langley's Shellbank Fitness Center OR
request an in house Yoga Class!

Email Sarah Houck to request more info!
Sarah.Houck3@redcross.org



American Red Cross

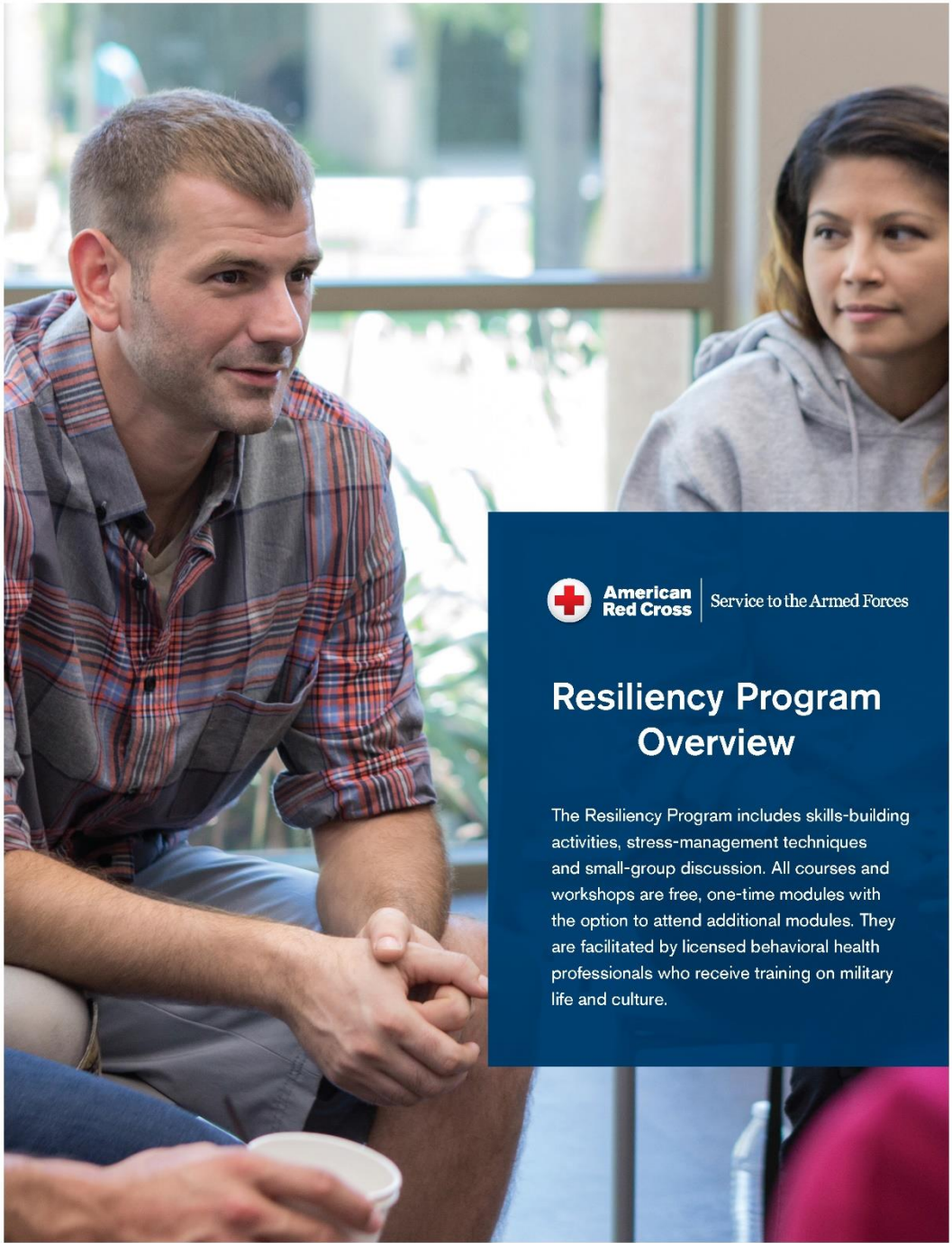
Yoga Class Request Form

Thank you for your interest in the American Red Cross Yoga Program. Please complete the request form below. Reach out to the program lead listed below with questions.

Requesting Organization/Military Unit	
Date(s) for class	
Preferred Class times	
Location/Address	
Est attendance	
Event POC	
Event POC contact information	
Do you have space at your facility to host a yoga class? If so, how many participants can fit?	
Does this group spend more time sitting or standing on a daily basis?	
Do you carry lots of weight throughout the day? (ex. lifting heavy objects, wearing heavy gear, etc..)	
What is the typical hour length of your shift?	
Does your job require you to work outside in the elements or inside in an office setting?	
What goal would you like to achieve from the Yoga class?	

Email request to American Red Cross POC

Sarah Houck
Sarah.houck3@redcross.org
757-755-0247



**American
Red Cross**

Service to the Armed Forces

Resiliency Program Overview

The Resiliency Program includes skills-building activities, stress-management techniques and small-group discussion. All courses and workshops are free, one-time modules with the option to attend additional modules. They are facilitated by licensed behavioral health professionals who receive training on military life and culture.



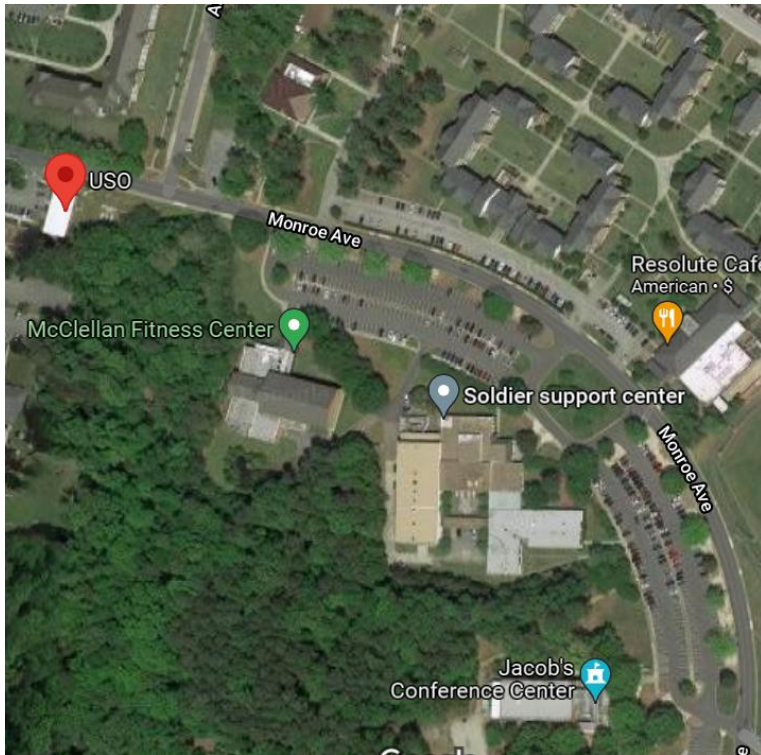
USO



*Monday-Friday 1000-1700
Saturday & Sunday 1200-1800*



*Open to Active Duty,
Families, Retirees*



*A Home Away from Home for Rest &
Relaxation:*

iRacing

Movies

Snacks

Laptops & Printer

XBOX & PS4

Billiards & Darts

Board & Card Games

Books

Special Programs

POC: Christine Salak, Center Director

833 Monroe Avenue

757.878.1046o/757.598.1479c



USO



USO
Volunteer

BE A FORCE BEHIND
THE FORCESSM

**BECOME A USO
VOLUNTEER**

USO.org/volunteer volunteers.uso.org

POC: Christine Salak, Center Director
833 Monroe Avenue
757.878.1046o/757.598.1479c



Fort Eustis Religious Support



Pray

Pursue Innovation

Preserve the Legacy

Prepare Spiritual Resiliency

People: Nurture, Care, Honor

Together
Everyone
Accomplishes
M(the) mission
thru
Trusted
Relationships
U(that) unify
Sacred
Teamwork!

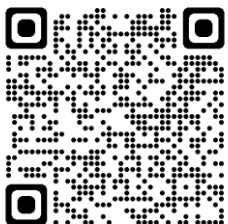


Regimental Memorial Chapel
Building 923, Donnelson Place
Fort Eustis, VA 23604

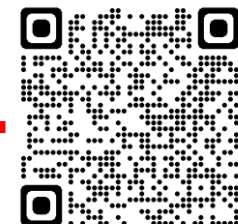
Soldier and Family Pastoral Counseling
Family Life Center
Building 1006, Monroe Avenue
Fort Eustis, VA 23604



CH (COL) Brian M. Tung



24 Hour Chapel Phone: 757-878-1304/1450
www.facebook.com/regimentalmemorialchapel



Supporting Fort Eustis



Fort Eustis Religious Support 60 Day-Upcoming Events



Date(s)	Day	Time	Location	Responsibility	Event
02.08	Th	0700-0900	RMC	All	National Prayer Breakfast
02.13	Tu	0930-1130	RMC	PWOC	Valentine Workshop
02.14	W	1145-1215	RMC Assembly Room	Protestant	Ash Wednesday Service
02.14	W	1145-1245			
		1900-2000	RMC Sanctuary	Catholic	Ash Wednesday Services
02.15	Th	1800-2000	RMC	PWOC	Paint Night
02.16					Stations of the Cross
02.23					SOC Lenten Soup and Supper
03.01					↓
03.08					
03.15					
03.22	F	1800-1900	RMC	Catholic	Stations of the Cross
02.17-18	Sa-	TBD	St. Clare of Assisi	Catholic	
	Su		Retreat Ctr, Hampton		Confirmation Mass
02.20	Tu	1900-2000	RMC	Catholic	Sacrament of Confirmation
02.21	W	0830-1100	Fort Eustis Club	Men's Ministry	Widow's Recognition Prayer Breakfast
03.09	Sa	0700-0900	RMC	Men's Ministry	First Aid/CPR Certification Workshop Prayer Bkfst



24 Hour Chapel Phone: 757-878-1304/1450
www.facebook.com/regimentalmemorialchapel





Fort Eustis Religious Support

60 Day-Upcoming Events



Date(s)	Day	Time	Location	Responsibility	Event
03.09	Sa	0900-1400	RMC	PWOC	Free Market
3.15-16	F-Sa	TBD	RMC	Catholic	AMS Catechist Training
3.24	Su	0900-1000	RMC Annex	Roots Service	Roots Palm Sunday Service
3.24	Su	0900	RMC	Catholic	Palm Sunday Mass
3.24	Su	1100-1200	RMC	Protestant	Palm Sunday Service
3.28	Th	1800	RMC	Catholic	Holy Thursday Mass
3.28	Th	2000-0000	RMC	Catholic	Eucharistic Adoration
3.29	F	1500-1600			
		1800-1900	RMC	Catholic	Good Friday Masses
3.29	F	1145	RMC Assembly Room	Protestant	Good Friday Service
3.30	Sa	2000-2100	RMC	Catholic	Holy Sat. Easter Vigil Mass
3.31	Su	0700-0800	RMC Lawn	Protestant	Easter Sunrise Service
3.31	Su	0900-1000	RMC Annex	Roots Service	Roots Easter Service
3.31	Su	0900-1000	RMC	Catholic	Easter Sunday Mass of the Resurrection
3.31	Su	1000-1100	RMC Lawn	Catholic	Easter Egg Hunt
3.31	Su	1100-1200	RMC	Protestant	Easter Service
3.31	Su	1200-1300	RMC Lawn	Protestant	Easter Egg Hunt

COLOR KEY: RED: All PINK: PWOC PURPLE: Protestant YELLOW: Catholic BLUE: Men's Ministry



24 Hour Chapel Phone: 757-878-1304/1450
www.facebook.com/regimentalmemorialchapel



Financial Readiness Common Military Training

Guide To Record Training Completion



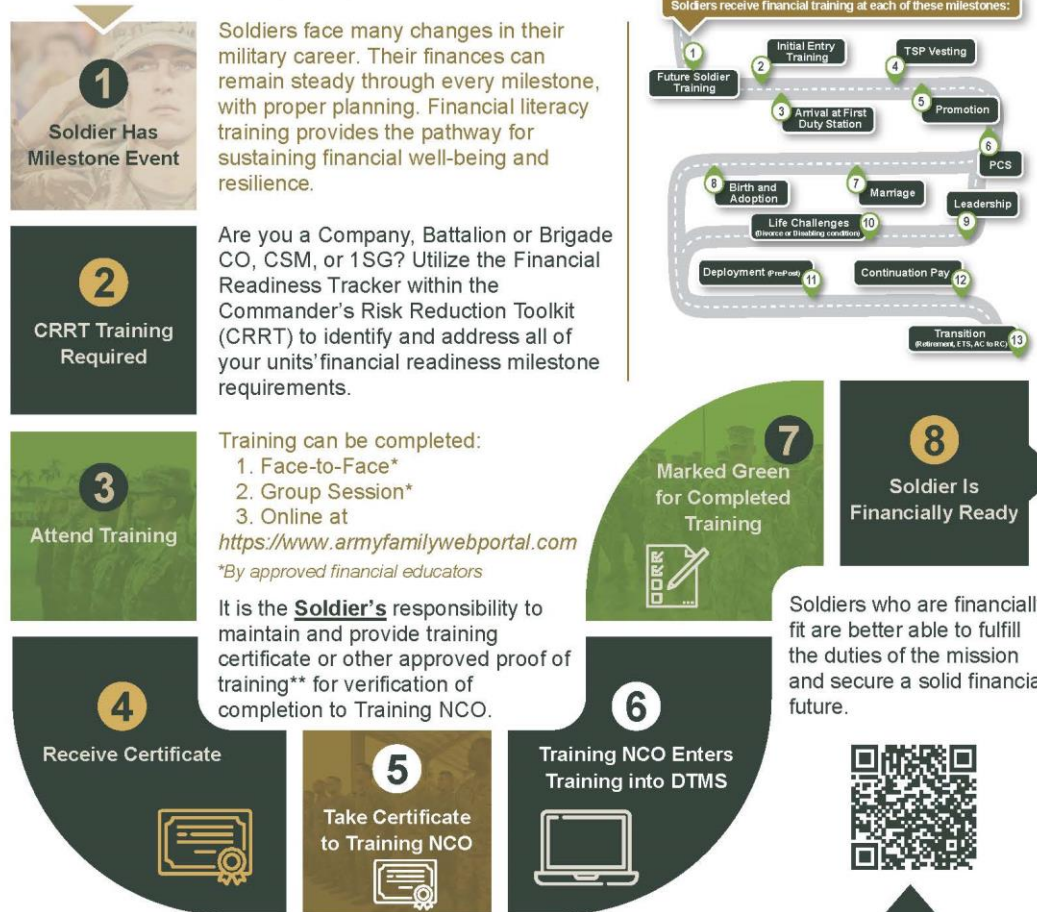
SECURING THE
FINANCIAL
FRONTLINE



Scan code for more information
or visit www.Financial Frontline.org

Milestone Training Requirements

Financial Readiness Common Military Training must be conducted using the Army's specific standardized training covering the topic areas of basic finance, consumer protections, planning for the future, compensation and benefits, saving and investing and major purchases, aligned with the personal and professional training milestones across the military life cycle.



**Completion of training consists of a certificate, a unit training roster, and/or a signed checklist by an approved financial educator.

View resources at the QR code above for how to record the training into the Digital Training Management System (DTMS) to track completion and access the Financial Readiness Tracker.



DIRECTORATE OF PREVENTION, RESILIENCE AND READINESS



FINANCIAL READINESS

The Army is dedicated to providing Soldiers and their Families with high-quality food, resources, financial education, and counseling throughout their careers.

MAKE YOUR DOLLARS STRETCH:

- Understand your financial well-being for better budgeting. Start with learning your [financial well-being score](#).
- Access free financial counseling services. [Financial Counselors](#) can help you create a spending plan, manage personal finances and credit/debt management.
- Enroll in [prevention education classes](#) to learn about consumer affairs and personal financial management.
- Apply for Supplemental Nutrition Assistance Program (SNAP, formerly known as Food Stamps). Visit <http://www.fns.usda.gov/snap/state-directory> or speak with a Financial Counselor on your installation. For additional information, visit [Food Security Resources and Support Programs](#).
- Enroll in the [Women, Infants and Children \(WIC\)](#) program. WIC provides supplemental food, health care referrals, and nutrition education for pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk.
- Apply for the [Basic Needs Allowance \(BNA\)](#), which provides a supplemental monthly allowance for eligible service members with dependents who qualify.
- Attend “Meals in Minutes” classes to learn how to prepare affordable, nutritious meals at your installation’s [Army/Armed Forces Wellness Centers](#).
- Use on-base dining facilities whenever possible. Spouses and dependents of Soldiers in pay grades E-1 through E-4 can eat at dining facilities at the discount rate.
- Remember [emergency](#) financial assistance is available for eligible categories of assistance.

RESOURCES

- Visit Army’s website for financial literacy “Secure the Financial Frontline” at www.FinancialFrontline.org.
- Find free, professional counselors at <https://finred.usalearning.gov/pfcMap> and <https://installations.militaryonesource.mil/>.
- Learn more about the Financial Readiness Program (FRP). Contact your local installation ACS center or Family Service Center for more information, or visit the resource locator library at <https://myarmybenefits.us.army.mil/benefit-library/resource-locator>.
- Get educated on Army Emergency Relief programs like grants, interest-free loans, and scholarships to promote readiness and help relieve financial distress of Soldiers and their Families. <https://www.armyemergencyrelief.org/offices/>.

TAKE COMMAND OF YOUR TAXES.



Tackle your taxes with **MilTax** – a suite of free tax services designed exclusively for the military community. Get easy-to-use tax prep and e-filing software – go to MilitaryOneSource.mil or call **800-342-9647** for personalized consultant support.



U.S. Department of Defense

MilTax is a benefit provided by the Defense Department exclusively for eligible service members and family members through Military OneSource.

**JBLE Ft Eustis Exceptional Family Member Program
Family Support –PRESENTS**

**EFMP Resource Spotlight
4th Tue of the Month @2:00 pm**

**Stay Up-To-Date On
Special Needs Resources & Services
Join Us**

@ EFMPLangleyEustis



**Monthly guest speakers will share tips and resources to assist
our EFMP Families and Community Partners in staying in the know!**

**For information on EFMP resources and services
email merlin.choice.2@us.af.mil or call 757-878-3638**



Parent Education

Active Parenting of Teens

Learn methods of respectful discipline, concrete strategies to prevent risky behavior, how to be an encouraging parent, and skills for clear, honest communication.

For parents of children 11-17 years of age.

Please contact FAP for information on classes.

Currently FAP will be giving information about classes for off the installation.

Love & Logic Parenting

Effective parenting without the power struggles. Put the fun back into parenting! For parents of children 2 to 10 years of age.

Please contact FAP for information on classes.

Currently FAP will be giving information about classes for off the installation.

Parenting Education

Bundles for Babies

This course is facilitated once a quarter, with Military and Family Readiness Center. To sign up call: 757-764-3990 or register at 633fss.fsg.mfrc@us.af.mil

New Parent Support Program

New Parent Support Program provides support to new and expecting parents and military families with children from 0 to 3 years of age.

For More Information Call:

Langley 757-764-2427

or

Ft Eustis 757-314-7998

Play Group

Playgroup is partnering with Healthy Families of Hampton VA. Playgroup will be held outdoors and indoors to ensure fun for all!

For a copy of the monthly calendar or have questions please email: yef@hampton.gov or visit <https://hampton.gov/541/Playgroups>

Family Advocacy Program Joint Base Langley-Eustis



Domestic Violence Victim Advocate Available
24hrs/7days a week @ 757-276-1090
Langley: 757-764-2427 Eustis: 757-314-7998

January, February, & March 2024 Quarterly Offerings



For more information or to sign-up, please call

Langley 757-764-2427

Ft. Eustis 757-314-7998

Safety Education

FAP works to prevent family violence through public awareness campaigns, leadership training, and community education. This includes parenting classes, couples' workshops, marriage enrichment, and anger management classes. For more information on classes, unit trainings, and other resources for Active-Duty Members and families, please call.

Langley 757-764-2427

Ft. Eustis 757-314-7998

Upon Request:

Healthy Relationship Skills

Conflict Resolution

Stress Management

Unit Trainings

Do you struggle to be heard? Do you ever feel like your point is not being received effectively? Do you find that discussing even simple issues leads to arguments?

Contact FAP to participate in our new Communication Workshop and become a more effective communicator in your personal life, professional life and/or home life.

Please contact FAP for information on the class.

Ft. Eustis 757-314-7998

Langley 757-764-2427

Self-Enrichment

Anger Management

Anger is a normal healthy emotion, but it's important to deal with it in a positive way. Uncontrolled anger can take a toll on both your health and your relationships. Are you ready to get your anger under control?



All Classes are currently held at Ft. Eustis classes and are listed below: 2 options for classes are available.

8 Computer based modules with 3 live sessions with a FAP Instructor

In Person - Tuesdays 1300-1500
Next 4 Week clinical series will begin:
9 January - 30 January
6 February - 27 February
5 March - 26 March

All classes/trainings are offered free to anyone age 18 or above who has access to the installation (to include: ADMs, their spouses and age-appropriate dependents, GS and contract employees, and retirees).

Flexible scheduling is available for those unable to attend all class dates and/or times as scheduled.

All topics listed in this brochure (and many more) are also available as in-unit trainings or as independent sessions, subject to staff availability.

Relationship Enrichment

PREP 8.0

PREP is for couples who want to make their relationship the best it can be. It will challenge you to think about things you've never thought about before and help you to see yourself, your partner, and your relationship in a whole new light.

Langley
Available upon request

Ft. Eustis
Available upon request

Family Advocacy Strength-based Therapy (FAST)

This program is available for military families who are at-risk for family violence. If you are experiencing severe issues in your relationship, if you are a single parent experiencing significant stress, or if you have children and you fear you may lose control, you may be eligible for FAST.

For more information, call:
Ft. Eustis 757-314-7998

Langley 757-764-2427



February Classes & Workshops

JBLE – Ft. Eustis Army Community Service



EFMP

For more about EFMP resources:
www.facebook.com/EFMPLangley-Eustis

Employment

Federal Employment
 Wednesday, February 7th 10:00 am - 12:00 pm
Resume Writing Workshop
 Wednesday, February 21st 10:00 am - 12:00 pm

Mobilization & Deployment

CARE Team (Virtual)
 Thursday, February 8th 9:00 - 10:30 am
SFRG Foundation (Virtual)
 Monday, February 12th 1:30 - 2:30 pm
CFRR Training (Virtual)
 Tuesday, February 13th 1:30 - 2:30 pm
Funds Custodian (Virtual)
 Wednesday, February 14th 1:30 - 2:30 pm
Key Contact (Virtual)
 Thursday, February 15th 9:00 - 10:00 am
SFRG Resources (Virtual)
 Friday, February 16th 1:30 - 2:30 pm

Personal Financial Readiness

Continuation Pay Milestone
 Tuesday, February 6th 9:00 - 10:00 am
Exiting the Barracks
 Tuesday, February 13th 9:00 - 10:00 am
Exiting the Barracks
 Tuesday, February 27th 9:00 - 10:00 am
Marriage Milestone (Virtual Workshop)
 Wednesday, February 14th 9:00 - 10:00 am

Personal & Work Life

Capital Enterprise Forum
 Tuesday, February 13th 10:30 - 11:30 am
ACS Cooking Class:
Valentine’s Day Cooking Demo & Food Tasting
 Wednesday, February 28th 5:30 - 7:00 pm

Relocation Assistance

Managing Unit Sponsorship
 Thursday, February 1st 9:00 - 10:00 am
Know Before You Go: Pre-Arrival Orientation
 Wednesday, February 7th 2:30 - 3:30 pm
***Uniquely Eustis: Orientation for Spouses**
 Thursday, February 29th 9:00 am - 12:30 pm
 *Please call to register. Children are welcome.
Plan My Move Checklist:
<https://planmymove.militaryonesource.mil/>
Military Installations Information Booklets:
<https://installations.militaryonesource.mil/>
ACS Loan Locker/Lending Closet
 Mon-Fri: 7:30 am - 4:30 pm (Please Bring Your Orders)
 Call ACS (757) 878-3638 for more information.

Volunteer Assistance

VMIS/OPOC Training
 Call ACS to schedule: (757) 878-3638

Transition Assistance Program

JBLE-Fort Eustis TAP Group email:
 733MSG.FSG.TAP@us.af.mil

*Military Family Life Counselors (MFLCs) are able to provide non-medical counseling services.
 To make an appointment call: (757) 755-5509/5512 .*



To register for classes:
 Call: (757) 878-3638 or e-mail: 733MSG.FSG.EustisACS@us.af.mil





March Classes & Workshops



JBLE – Ft. Eustis Army Community Service

EFMP

For more about EFMP resources:
www.facebook.com/EFMPLangley-Eustis

Employment

Federal Employment

Thursday, March 14th 10:00 am - 12:00 pm

Interviewing Techniques

Thursday, March 28th 10:00 am - 12:00 pm

Mobilization & Deployment

SFRG Foundation (In-Person)

Wednesday, March 6th 9:00 - 10:30 am

CFRR Training (In-Person)

Wednesday, March 6th 11:00 am - 12:00 pm

Informal Funds Custodian (In-Person)

Wednesday, March 13th 9:00 - 10:30 am

SFRG Resources/VMIS (In-Person)

Wednesday, March 13th 11:00 am - 12:00 pm

CARE Team (In-Person)

Thursday, March 21st 9:00 - 11:30 am

Personal Financial Readiness

Exiting the Barracks

Tuesday, March 5th 9:00 - 10:00 am

Credit Management (Virtual)

Tuesday, March 12th 9:00 - 10:00 am

Exiting the Barracks

Tuesday, March 19th 9:00 - 10:00 am

Continuation Pay Milestone

Wednesday, March 20th 9:00 - 10:00 am

Personal & Work Life

Instructor/Facilitator Trainer Course

11-14 March, 9:00 am - 3:15 pm

ACS Cooking Class:

Wednesday, March 27th 5:30 - 7:00 pm

Relocation Assistance

Managing Unit Sponsorship

Tuesday, March 5th 9:00 - 10:00 am

Know Before You Go: Pre-Arrival Orientation

Wednesday, March 6th 2:30 - 3:30 pm

*Uniquely Eustis: Orientation for Spouses

Thursday, March 28th 9:00 am - 12:30 pm

**Please call to register. Children are welcome.*

Plan My Move Checklist:

<https://planmymove.militaryonesource.mil/>

Military Installations Information Booklets:

<https://installations.militaryonesource.mil/>

ACS Loan Locker/Lending Closet

Mon-Fri: 7:30 am - 4:30 pm (Please Bring Your Orders)

Call ACS (757) 878-3638 for more information.

Volunteer Assistance

VMIS/OPOC Training

Call ACS to schedule: (757) 878-3638

Transition Assistance Program

JBLE-Fort Eustis TAP Group email:

733MSG.FSG.TAP@us.af.mil

*Military Family Life Counselors (MFLCs) are able to provide non-medical counseling services.
To make an appointment call: (757) 755-5509/5512.*



To register for classes:
Call: (757) 878-3638 or e-mail: 733MSG.FSG.EustisACS@us.af.mil



*Because you can't always be there
for the person you love....*



The Army Community Service - Mobilization and Deployment Program provides one “Huggee Doll” per family of a Soldier deployed from Fort Eustis.

“Huggee” holds a picture and a recorded message from the deployed Soldier.

If interested, please call Army Community Service at 757-878-3638 or e-mail Liezel D. Bambao at liezel.bambao.1@us.af.mil or Carol Sheppard at dennis.pugh2@us.af.mil .

Huggee's are available while supplies last.





Operation: Sweet Dreams



Have your picture transferred on a pillow case as a goodnight keepsake courtesy of ACS.

If you are deploying, you or your spouse can e-mail an appropriate picture (jpg format) of your family member or self to Liezel Bambao at liezel.bambao.1@us.af.mil

or

Carol Sheppard at dennis.pugh2@us.af.mil to receive your free sweet dreams keepsake.

Pillow cases are limited to 2 per family.

For more information, call 757-878-3638.

Please send your pictures and pick-up is by APPOINTMENT only.



*Like us on
facebook:<http://www.facebook.com/forteustisacs>*



MOBILIZATION & DEPLOYMENT

Jan - Mar '24
CARE Team
Training



CARE (Casualty Response) Team is not mandatory but great to have for providing short-term care and support to families of deceased and seriously wounded soldiers until their own support structure is available.

VIRTUAL TRAINING

CARE Team
(0900-1030)
8 Feb



IN-PERSON TRAINING

CARE Team
(0900-1130)
18 Jan & 21 Mar

*For more information or to register for the class,
please call Army Community Service at 757-878-3638.*



POC: LIEZEL D. BAMBAO, liezel.bambao.1@us.af.mil



ENGAGING * CONNECTING * EMPOWERING



ARMY SFRG

Soldier & Family Readiness Group

Jan - Mar '24
SFRG Training



VIRTUAL TRAINING (1330-1430)

***SFRG Foundation**

12 Feb

CFRR

13 Feb

Informal Fund Custodian

14 Feb

****Key Contact**

15 Feb (0900-1000)

***SFRG Resources**

16 Feb

IN-PERSON TRAINING

***SFRG Foundation**

10 Jan & 6 Mar; 0900-1030

CFRR

10 Jan & 6 Mar; 1100-1200

Informal Fund Custodian

16 Jan & 13 Mar; 0900-1030

***SFRG Resources/VMIS**

16 Jan & 13 Mar; 1100-1200

***Additional training to all those involved with SFRG.
** CFRRs need to complete this training also.**



For more information or to register for the class, please call Army Community Service at 757-878-3638.

POC: LIEZEL D. BAMBAAO; liezel.bambao.1@us.af.mil



ENGAGING * CONNECTING * EMPOWERING

RELOCATION
ASSISTANCE
PROGRAM



Moving Made Easy

Welcome to JBLE!!

Newcomers Orientation

In-Person Newcomer Orientation
Soldiers with the rank of E1-E6, O1-O3, W1-W2
Community Recreation Center, 671 Lee Blvd
on assigned date

All other Soldier will visit jble-eustismwr.com/newcomers
for a Virtual Newcomers Orientation

Contact ACS at 757-878-3638 for more information
POC is Donna Cloy, donna.cloy@us.af.mil



Army Community Service Virtual Out-Processing

Soldiers authorized to out-process the Installation should visit the ACS Out-processing page at jble-eustismwr.com/acs-out-processing for their digital ACS Out-Processing and Relocation information.

For more information:
Army Community Service
757-878-3638



ACS is here for you!



KNOW BEFORE YOU GO



FORT EUSTIS PRE-ARRIVAL ORIENTATION

The first Wednesday of the month, 2:30 PM - 3:30 PM

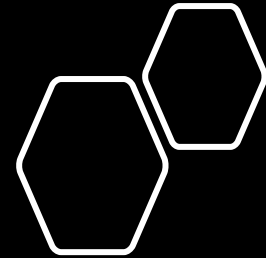
WE MAKE EVERYTHING EASIER

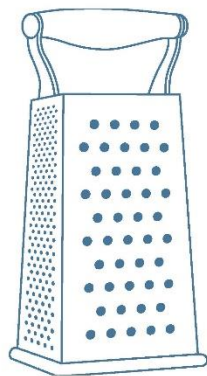
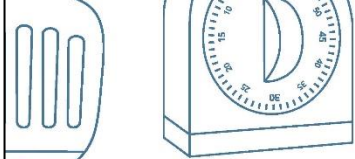
CONNECT WITH SERVICE PROVIDERS

- HOUSING
- CHILD CARE
- SCHOOLS
- LODGING
- SPOUSE EMPLOYMENT
- EFMP
- LOCAL COMMUNITY INFORMATION
- AND MORE!
- CALL ACS AT 757-878-3638 FOR MORE INFORMATION



ARMY COMMUNITY SERVICE, 650 MONROE AVE
USE THE QR CODE TO REGISTER OR CALL 757-878-3638





FORT EUSTIS

LOAN LOCKER

Waiting for your HHG? (HouseHold Goods)

Come by the ACS and let us help you with some of your needs.

Open M-F 0730-1630

We offer dishes, pots, pans, cots, toasters, coffee pots, and much more!

Just bring your orders

Call 757-878-3638 with any questions
650 Monroe Ave

Be In The Know!

Like Us On Facebook!



Follow Us On Instagram!



forteustisacs

RELOCATION ASSISTANCE PROGRAM



Moving Made Easy



uniquely eustis

Spouse Newcomer Orientation

-not all who serve wear a uniform-

Welcome to Fort Eustis!

What you need to know about life at Joint Base Langley-Eustis.

Briefings on the following topics:

Joint Base Langley Eustis Overview	Army Community Service
Exceptional Family Member Program	Groninger Library
Child & Youth Programs	School Liaison
Spouses' Club of Fort Eustis	SGLI Insurance
Health Benefits Advisor	Family Advocacy Program
Chapel Programs	Spouse Employment

Come connect with your community!

Army Community Service

650 Monroe Ave

Last Thursday of the month!

9:00 am – 12:30 pm

For more information or to register call ACS at 757-878-3638.

Breakfast is provided and children are welcome!

Registration is required.





LOVE IS IN THE AIR 365+

ACS Cooking Class

CREATE A ROMANTIC MEAL

DINNER

CREAMED SPINACH
BACON GNOCCHI

DESSERT

CHOCOLATE BANANA
BUNDLES

WED, 28 FEB 1730 - 1900

650 MONROE AVENUE

Registration is required.
Must be at least 13 y/o to attend.
13-17 y/o must be accompanied by an adult.

To register ☎ 757-878-3638

✉ 733MSG.FSG.EustisACS@us.af.mil

Open to all DoD cardholders



jble-eustismwr.com/acs/



LIKE OR FOLLOWS US
@FORTEUSTISACS

Volunteer Cooking Instructors Needed



ACS is looking for volunteers to prepare cooking demonstrations and share their favorite recipes in the following areas:

- ❖ Meals on a Budget
- ❖ Tamale Making
- ❖ Enchilada Making
- ❖ Pie Making
- ❖ Holiday Cookies
- ❖ Appetizers
- ❖ Healthy Cooking
- ❖ Smoothies
- ❖ Or any other food/beverage recipe to share!

No formal chef training required, just a passion for food and fun!

**IF YOU ARE INTERESTED IN VOLUNTEERING,
PLEASE CONTACT NINA LEE AT 757-878-3638 or
nina_simone.lee@us.af.mil**






BE PART OF THE DISCUSSION




CAPITAL ENTERPRISE FORUM 2024

The Capital Enterprise Forum is a platform that fosters collaboration and synchronization between mission partners and support agencies. Its aim is to maximize the impact of events on the installation to benefit Soldiers and their families. This forum provides a unique opportunity for participants to share their ideas, strategies, and best practices for enhancing the quality of life for the military community.

 **20 Feb, 21 May**
13 Aug, 12 Nov

 **1030 - 1130**

Fort Eustis Club
2123 Pershing Avenue
Main Ballroom

For More Information
 **733MSG.FSG.EustisACS@us.af.mil**



DISCUSSIONS
PROJECTS
COMMUNITY
VALUE
RECOGNITION

JBLE-EUSTIS



SOLDIERS
CIVILIANS
FAMILY MEMBERS